



EREGYE MBOA DZE ABOA BINOM

Yesi dɛn na yedze binom kā hɛn ho ber a yehia mboa wɔ hɛn mbɔdzembɔ dɛ yebɔsom ho?
Fa woho hye ɔsom ho kokoamu mpensapensamu na Kwesida a odzi kan bagua nhiamu mu.

Abber a adwen mu ntsin na ekyir mbiew mu
yarba kā Kathy ma ɔtsenaa wheelchair mu no,
ohun dɛ obelia mboa anafua biara dze efi n'egua
mu akeda ne mpa do. Nna edwuma no ye kese
dodow ma ɔbaakofo. Ntsi *elderfo quorum* no faa
apam wɔ ne gynabew ho na wosii egynae dze yee
nyhyeyee a wɔdze bɔboa no ewimber biara¹

Se yebohu hɔn a yesom hɔn no hɔn ehiasem na
hɔn ahoozzen a, yebotum ehu dɛ yehia mboa dze
aye hɔn ehiadze. ɔsom ho kokoamu mpensapensamu
na Kwesida a odzi kan abaguafu nhiamu ye akwan
ebien a yedze dwendwen kwan a ɔfata dze twe
binom kā hɛn ho.

ɔsom ho Kokoamu Mpensapensamu

Nkyerbaa asomfo na *Relief Society president* na
n'apamfo ntamu anaa enuanom asomfo na elderfo
quorum president na n'apamfo ntamu abosoom ebiasa
mu kokoamu mpensapensamu yinom nye

nyhyeyee kortsee a yefá do kā hɔn a yesom hɔn no
ho nsem. Kokoamu mpensapensamu no a, annye yie
koraa, wɔyé no bosoom ebiasa biara no ma kwan
ma (1) yefá apam wɔ ahoodzen, ehiadze, na ɔshaw a
ɔwɔ hɔ ma ebusuafu na ankorankor a wɔdze hɔn
ahye hɛn nsa; (2) dze hwehwé ehiadze a quorum no,
Relief Society, anaa ward abaguafu botum dze aboa;
na (3) yeesua efi baanodzifo no hɔ na yeenya nkuru
ranhye wɔ ɔsom mbɔdzembɔ ho.

Elderfo quorum president na Relief Society president no nye *bishop* no ankasa na wɔkasa fa dza
ohia ho na woénya apam na akwankyere eefi no hɔ.

Ibohu nkrasem no mu pii a ɔfa kokoamu mpensapensamu ho wɔ ministering.lds.org.

Erema ɔsom ho Kokoamu Mpensapensamu ho enya Mfaso

Yerefa President Russell M. Nelson n'asem a ɔkāa
no dɛ ɔsom ho nyhyeyee no ye biribi a Asor no ne

kankɔ begyina do no, Elder Gary E. Stevenson a ɔkā Asomafo Duebien no hɔn Quorum ho no kyerɛɛ dɛ, “Se n’enyido adzehu no bɛba mu a . . . nna ogyina enuanom na nkyerɛbaa asomfo no mbre woesi akyerɛkyere hɔn na wɔdze hɔnho aahye kokoamu mpensapensamu ho mu yie no.”²

Nsem enum a ɔbɔboa enuanom na nkyerɛbaa asomfo:

- Kɔ kokoamu mpensapensamu dɛ erekɛgye apam. Ye krado dɛ ibosua.
- Siesie wo ho dɛ wɔbepensapensam ehiadze horow a ibehia binom hɔ mboa dze ama.
- Hom ntsim wɔ ankorankor no n’ahoodzen na dza otum ye ho, nnyɛ ehiadze nkotsee.
- Hom mfa apam wɔ dza obotum ada edzi a ɔbɛkyere dɛ wo som no ewie konyimdzi mu.
- Twe ben president na n’apamfo no mu kor na hom mfa apam wɔ abosoom ebiasa ebiasa mu kokoamu mpensapensamu ne ntamu dɛ mbre obehia.

Nsem enum a ɔbɔboa baanodzifo:

- Kokoamu mpensapensamu nnhia dɛ ɔyɛ tsentsen, mbom hom nhye mber a oye a ɔbɛma woeetum abɔ nkɔmbɔ a ɔyɛ mfaso.
- Fa kwan yi fasom ma ɔsom hom nuabanyin anaa akyerɛbaa no.
- Mma mmbisa nsem a ɔbɛkyere biribi dɛ erekɛn mpɛn dodow a wɔdze aye nsera horow no anaa obi a wɔasera no (“Ana itumii yee wo ɔsom edwuma?”). Bisa nsem a ɔdze nkuranhye ma suban pa (Eben atsenkɔ na inyaae ber a ebɔɔ mpaa maa ebusua no?”). Eben asem na osii ber a edze wo atsenkɔ no yee edwuma?”).
- Kyen aso yie tsie na kyerɛw nsensin.
- Wɔmbɔ mu mfa apam. ɔsom ho adamfo-aboafɔ wɔ ho kwan dɛ wonya nyikyere fa hɔn a wɔdze hɔn ahye nsa dɛ wɔnsom hɔn no ho.

Nsemvisa na Nyiano a ɔfa ɔsom ho Kokoamu Mpensapensamu ho.

ɔsom ho kokoamu mpensapensamu ye ebɛnadze?

Oye enuanom asomfo na elderfo quorum president na n’apamfo ntamu anaa nkyerɛbaa asomfo na Relief Society president na n’apamfo ntamu mpensapensamu wɔ tsebew a ɔbɛma woeetum ahwehwɛ na woeenya nkenyan efi Sunsum Krɔnkɔn no hɔ. ɔnam dem ntsi enuanom na nkyerɛbaa asomfo no botum enya nkenyan dze aweɔn, adodɔ, akyerɛkyere na wɔama awerekyer wɔ Agyenkwa no no kwan do.

Ana ohia de abosoom ebiasa ebiasa kokoamu mpensapensamu yinom wɔyɛ no enyim na enyim a?

Otɔ dɛ wɔyɛ no enyim na enyim, naaso wotum dze foon anaa abafor *online* do ber a enyim na enyim nhiamu nnkeye yie. Ne nyina mu no, adamfo-aboafɔ beenu no bɔmu ba kokoamu mpensapensamu ber a ɔfata.

ɔsom ho kokoamu mpensapensamu no ho botae nye dɛn?

Kokoamu mpensapensamu ye kwan a ɔda hɔ ma enuanom na nkyerɛbaa asomfo ma wɔdze san hwe sesei gyinabew, dze ye ndaamba nhyehyɛ, na wɔgye mboa a wohia dze ma ankorankor na ebusua ebusua a wɔsɔm hɔn no. Oye kwan a ɔda hɔ ma wɔka-sa fa dza quorum na Relief Society wɔ dze boa a botum dze aama.

Esumasem na nsem a nekɔ ye dzen no mibeye ho dɛn?

Enuanom na nkyerɛbaa asomfo no nye elderfo quorum na Relief Society president no—anaa bishop no nankasa na kye nsem a ɔyɛ esumasem. Esumasem anaa asem a nekɔ ye dzen no onnyi dɛ wɔkyɛ no wɔ Kwesida a odzi kan abaguafɔ nhiamu no ase.

Ibotum ahwe adzesua *video* a ɔkyere ɔsom ho kokoamu mpensapensamu wɔ ministering.lds.org.

Kwesida a - Odzi Kan Bagua Nhyiamu

ɔkā ɔsom ho kokoamu mpensapensamu ye ho no, Kwesida a odzi kan bagua nhiamu no ye kwan kor so a wɔdze frɛ binom ka ho ma wɔbɔsɔm. Relief Society na elderfo quorum nhiamu ase no, nkenyan botum aba hɔn a wɔwɔ ase no do a ofi Sunsum no na binom a wɔwɔ kuw no mu no hɔ.

Abaguafɔ nhiamu no no botae nye dɛ:

- “Wɔbɔ mu fa apam fa apaamu asɛdze, akwanya, na ɔshaw horow ho;
- “Wosūsū fi hɔn mu kor biara no nhunmu na suahu horow; na
- “Wɔhyehye akwan a wɔdze atsenka a wonyaefi Sunsum no hɔ no bɔyɛ edwuma.”³

Abaguafɔ nhiamu ye dza ɔkyɛn mpensapensamu ye: nhiamu no ma yeɛɛ hen adze dɛ ankorankor anaa dɛ kuw dɛ mbre Sunsum no bekenyan hen. Asɔrmba botum enya pe dze aye Ewuradze N’edwuma a ɔyɛ nhiamu yinom no nsunsuando.

Nsato dɛ Yɛbɛye Biribi

“Elder Jeffrey R. Holland a ɔkā Asomafo Duebien no hɔn Quorum ho no kāa dɛ, “Hen mpaabɔ ndɛ nye dɛ, banyin na basia biara—nye hen mbabanyin na mbabaa a hɔn enyi efir kakra no besi nkitsɛ ara yie dze akoma pa dze aboa hɔn ho nkorkor a, Christ No dɔ māpa no na ɔhyɛ hɔn nkuran ma wɔyɛ.”⁴

JESUS DZE BINOM KĀA HO

Jesus dze atoko-paanoo na esunam nkakraba ebien maa nyimpadom 5,000 ma wɔmee. Kenkan John 6:5–14 fa hwehwε mber dodow a Agyenkwa no dze binom kāa dεm ɔsom ndzeyε yi ho.

"Erosom ho fapem" nkyerewee no bɔboea hεn ma yesū mbre yebesi bɔhwε hεnho nkorkor—ɔnnyε amandzeεbɔ nseμ a yerekekyε. Se yεba bohu hɔn a yesom hɔn no yie a, Sunsum Krɔnkron no bekenyan hεn ma yeehu aseμ a wobehia dze akā hεn tsema na ayamuhyehye ndzeyε ho.

Yεrefa apam wɔ binom hɔn ehiadze ho no yε adze tsitsir wɔ ɔsom ho kokoamu mpensapensamu mu. Hwε ɔsom ho Fapem nkyerewee iyi so, "Counsel about Their Needs," wɔ Fankwa 2018 krataa no.

NSENSIN

1. Hwε *Mormon Messages* video "Lift," lds.org/media-library.
2. Gary E. Stevenson, wɔ "Ministering Interviews" (video), ministering.lds.org.
3. *Come, Follow Me—For Melchizedek Priesthood and Relief Society*, wɔ *Ensign* anaa *Liahona*, Oberew 2017, 140; nsa bekā so wɔ comefollowme.lds.org.
- 4 Jeffrey R. Holland, "Be With and Strengthen Them," *Ensign* anaa *Liahona*, Esusow Aketseaba 2018, 103.