

**President Henry B. Eyring kāe**

Opamfo a Odzi Kan wɔ President  
a Odzi Kan na n'Apamfo mu



# Gyedzi Mpaabo no

**M**paabo kyen nsem ara a yekā kyere Nyame. Čye kwan-ebien nkitalahodzi a ɔda Nyame na Ne mba ntamu.

Se mpaabo ye edwuma de mbre ɔse a, yedze nsemfua kakra ara kā hen akoma mu nkā tse. Osor Egya to de Odze adwendwen bi hye hen adwen mu dze ye hen mbuae a atsenkā kā ho. Daa Otsie hen nokwar mpaabo no a yebø no enyimpi mu de No mbuae biara na ber biara a mbuae no bøba no, yebøye No aso.

Ewuradze bo anohoba yi ma hon a woikenkan Mormon Nwoma no na wɔbo ho mpaa no:

“Na ber a hom nsa bekā dem ndzemba yi no, mutu hom fo de hom mbisa Nyankopon, Onnyiewiei Egya no wɔ Christ ne dzin mu, de dem ndzemba nnye nokwar a; na se hom dze nokwar akoma bisa, pra hom akoma mu, na hom nya gyedzi wɔ Christ no mu a, onam Sunsum Krønkrøn no tum do beda nokwar a ɔwɔ mu no edzi akyere hom.

“Na onam Sunsum Krønkrøn no tum do, hom botum ehu nokwar a ɔwɔ ndzemba nyinara mu” (Moroni 10:4–5).

Dem anohoba no ye nokwar. Nkorøfo ɔpepe aso dem anohoba nwanwa yi a ɔfa mpaabo ho ahwe ehu mu nokwar no ber a woonya nhyyira a ɔdze enyigye na daa dewdzi ahye hon abrabo mu mā. Dem anohoba no da ho ma hen mpaabo nyina a yedze hwehwø ehu Nyame N'adwen na Ne pe a ɔwɔ ma hen no. Yebotum yedze edzi dwuma ber biara a yegye afotu fi Nyame somfo a woama no tumdzi de ɔma hen kwankyerø no. Mfatoho, yebotum atwer ber a yetsie wiadze mfendzanan ehyiadzi mu asempanā. Yebotum yedze edzi

dwuma ber a asempasomafo brefo a Nyame edua nkønhye-nyi ɔtseasefo do afre hon no kyerekyere hen no. Ofa afotu so a yenya fi hen bishop anaa nkorbata president ho.

Akwan a ɔma mpaabo ayø edwuma wɔ hen abrabo mu no, nnye kyinkyinenn. Otwar de yedze mpaabo bisa hu dza øye nokwar fi Egya no ho wɔ Jesus Christ dzin mu. Otwar de yedze nokwar akoma bisa, a ɔkyere de otwar de yøpra hen akoma mu dze ye dza Nyankopon no mbuae no bese hen biara no. Na hen akoma yøpra mu no otwar de ne farbaa no fi hen gyedzi a ɔwɔ Jesus Christ mu no do.

Nhwehwemunyi a ɔkenkan Mormon Nwoma no an-saana woenuma no na woesi no pi no botum enya tadtasi de buukuu no ye nokwar na de Joseph Smith nam Nyankopon No tum do dze kyere ase. Woesi hen pi de Asørba ekyir no, yebotum enya Sunsum Krønkrøn no de hen adamfo ma Oesi nokwar binom so pi. Nkyii, mber biara a yedze gyedzi bøbo mpaa no, yebotum enya enyidakwan de Sunsum Krønkrøn no begye dase akyere hen de Jesus nye Christ no, de Nyame Egya no tse ase, na de Wøðø hen na Osor Egya Ne mba nyinara no.

Ono nye siantsir kor a anohoba wɔ Mormon Nwoma no mu de yebonya ayamuyie wɔ hen akoma mu ber a Sunsum Krønkrøn gye dase kyere de Jesus nye Christ no: “Se obi dwe na ɔwɔ botooyø akoma, na onam Sunsum Krønkrøn no tum do kā de Jesus nye Christ no a, nna ɔwɔ ayamuyie” (Moroni 7:44).

Akwanya kese noara wɔ ho a akønkye Kwesida biara no yedze benyin sunsum mu. Akønkye Kwesida botum

aboan hen ma yeaben Alma na Mosiah ne mba mbanyin no hon sūahu no, hon a wōbō mpaa na wōkyeen kōm ama woeehu onnyiewie nokwar no ama woeetum dze tum, tum-dzi, na ḡo aakyerekyere Lamanfo no (hwe Alma 17:3, 9).

Akwankye Kwesida da no yedze akonkye kā mpaabō ho. Ama wōaaye nhiria ama abōbōfo no, yēma bishop anaa nkorbata president no akonkye afōrō adōyē mu a annyē yie koraa no, ḡosombo dē edziban ebiens no a yeakwetsir no. Hen adwendwen na hen mpaabō dan kō Agyenkwa nye hon a Obēpe dē yehwe hon sunsum mu nye honandua mu ehiadze dze som hon no.

Dēm no ntsi, hen mpaabō na apedze ba bēyē tse dē Agyenkwa no Ne mpaabō na apedze ber a yekye kōm ma yebēye botoo, a yegye nkyerekyere, na yēye adōyē mbordo no. Na tse dē mbre ḡyē no, yēbō mpaa dē yebohu Egya no Ne pē ma hen na yeedzi do.

#### EREKYEREKYERE EFI AMANDZEEBO YI MU

President Eyring rekyerē hen dē mpaabō na akonkye botum aboa hen ma "yehu onnyiewei nokwar." Susu na hwe hon a esera hon no hon dasegye ne bea a obehia dzenhyē na yē adzesūa ho ahoboa wō dēm nsengyina no do. Mfatoho, se nyimpa a esera no no ne nyenka a ḡben no anaa ebusua mu ba bi efi mu a, susu dē ebepensampsēna onnyiewie ebusua ebusua nye owu ekyir abrabō mu. Ibotum etu woho dē enye hon a esera hon no bēkye kōm ama ɔaaboa hon ma woonya dēm nkyerekyere no ho dasegye.

#### MBABUN

#### Yē Ahoboa ana Abō Mpaa

President Eyring kaa hen dē mpaabō "yē kwan-ebien nkitahodzi a ḡda Nyame na Ne mba ntamu." Yērefa

mber yie ayē ahoboa ama hen mpaabō ho no botum ama dēm kwan-ebien nkitahodzi yi aba mu. Ibotum edze wo journal no edzi dwuma sima kumabaa dabiera dze ayē ahoboa abō mpaa. Ibotum akyerēw nhiria nkorkor a ibēpe dē ida ḡsor Egya ase wō ho, nkōrōfo a wohia wo mpaabō, nye nsembisa horow a ibehia ho mbuae. Nkyii tow asordwom anaa kenkan kyerevwsem nkyekyem Kumaa fa to nsa frē Sunsum no. Ber a erobō mpaa no, yē aso wō Sunsum Krōnkro no kwankyerē wō dza kā ho, na tsie wo nkā-tse nye adwendwen (hwe N & A 8:2-3). Susu dē ibēkyerēw wo sūahu no wō wo journal mu na dwen mbuae no a inya no ho. Ibotum so dē dwumadzi a ḡwō nkrataafa 95-97 wō *Preach My Gospel: A Guide to Missionary Service* mu no edzi dwuma ma ɔaaboa wo ma eker wo mpaabō na esū ahyē Sunsum Krōnkro no nsew.

#### MBOFRA

#### Mpaabō Sandwich

I besi dēn bohu dza ḡsē dē ekā ber a erobō mpaa no? Ibotum ase dē, "ḡsor Egya Dōfo" dē ahyē wo mpaabō ase, na akā dē "Wō Jesus Christ ne dzin mu, amen," edze ewie. Dza ḡwora epē no na kā no wō ne finimfin, tse dē erefa dza edze bēhyē sandwich mu.

Dorōw sandwich no mfonyin, na ḡwoara fefa ndzembā horow pii a epē yē wo sandwich no. Paanoo sin kor biara do anaa ngudo a ḡhyē paanoo esinesin mu no, kyerevw adze kor a ebēpe dē ebōbō ho mpaa. Ibotum "ada ase" wō nhiria horow ho, akasa afa wo haw ho, aserē nhiria, anaa abō nsembisa ho mpaa.

Ibotum etwa wo sandwich ne mfonyin no efi krama no do. Fa sēn wo dan mu ama ɔaaboa wo ma akaa ndzembā a ibotum akā wō wo mpaabō mu.



# Jesus Christ No Dwuma a Ofi Sor Nkwa Paanoo

Mpaabɔ mu ara sūa adzesūadze yi na hwehwe de ibohu dza ibekye. Eretse Agyenkwa N'abrabɔ na dwuma ase besi den ato wo gyedzi mu wɔ No mu na oehyira hon a edua visiting teaching do ihwe hon do no? Ho nsem mbordo no, kɔ reliefsociety.lds.org

Iyi kā Visiting Teaching Amandzeebo ntoado a ɔkā fa Agyenkwa no dwuma no ho.

**J**esus see de, “Emi nye paanoo tseasenyi a ofi sor bae no: se obidzi paanoo yi bi a, ɔbetsena ase daa-” (John 6:51). “Jesus kyerekyere hen, N'esuafo no de ɔse de yedan Nyan-kopon dabiarada dze nya paanoo—no mboa, na edziban—a yehia dem da no,” Elder D. Todd Christofferson a ɔkā Asomafo Duebien hon Quorum ho no na ɔkāe. “Ewuradze Ne nsato no . . . kyere Nyame dɔfo a, Onyim Ne mba hon daa daa ehiadze ketseaba no mpo, na ɔpe de ɔboa hon ankorankor. ɔrekā de yebotum dze gyedzi ebisa efi ɔbadze no a “ɔdze ma nyimpa nyina kwa na ɔnnkā enyim no, na ɔdze bema no” (James 1:5).<sup>1</sup> Se yebenya ntseasee de Jesus Christ dze hen ehiadze bema hen a, yebelan akɔ No ho ekenya hen sunsum mu edziban.

Elder Jeffrey R. Holland a ɔkā Duebien no hon Quorum ho no to

nsa fre hen de “yembekā Christ Ne asopɔkan esuafo no a wɔper de wobenya nkwa paanoo no—no hon eduaudasem no ho, hon a wɔan-nisan ekyir annkɔ na mbom wɔbaa Ne nkyen, na wɔnye No tsenae, na wohun de wonnyi obiara bio a wobotum akɔ no ho dabiarada ekenya bambo na nkwegye.”<sup>2</sup>

## Kyerewsem a ɔkā ho

John 6:32–35; Alma 5:34;  
3 Nephi 20:3–8

## Fi Kyerewsem no mu

Nna Jesus Christ rekyerekyere nyimpadodow a wɔbor 4,000. Nda ebiasa ekyir no, ɔsee N'esuafo no de: Me yamu hyehye me ma nyimpadodow yi, osiande wonnyi . . . biribi a wodzi:

“Na se migya hon kwan ma wɔdze kɔm kɔ fie a, wɔbokötötɔ bitsi wɔ kwan mu. . . .

“Na n'esuafo no buaa no de,  
Henfa na nyimpa benya paanoo a

ɔdze bamee yinom wɔ sar do ha?

“Na [Jesus] obisaa hon de, Paanoo ahen na hom wɔ? Na wɔsee de, Esuon.”

Nkyii Christ “faa paanoo esuon no, na ɔdaa ase, na obubui, na ɔdze maa n'esuafo no de wɔmfā ntoto hon enyim; . . .

“Na wɔwɔ esunam kakraba bi, na ohyiraa do na ɔkāa de wɔmfā no so ntoto hon enyim.

“Na wodzidzii mee, na wɔtase mporoporoba a ɔkae, mbirefi esuon.” (Hwε Mark 8:1–9).

## NSENSIN

- D. Todd Christofferson, “*Recognizing God's Hand in Our Daily Blessings*,” *Liahona*, Sanda 2012, 25.
- Jeffrey R. Holland, “*He Hath Filled the Hungry with Good Things*,” *Liahona*, Sanda 1998, 76.

## Susu Iyi

Se yeba Christ nkyen a,  
Osi den nyen hen?