

President
Dieter F. Uchtdorf
ne Kasaa

Djamfo a Otsia Ebien wo
President a Odzi Kan na
n'Apamfo mu



Asemfua kor ma Asempasomafo Otwentwemfo

Jesus Christ N'akādofo no wō asedze dē daa wōdze N'asempa no kō wiadze nyina (hwe Mark 16:15–16). Naaso, otōsebi a, ɔye dzen dē yebobue hen ano na yeakā hen gyedzi ho nsem akyere hōn a wotwa henho hyia no. Asorumba binom wō awosu akyedze de wōkā nyamesom ho nsem kyere binom, naaso binom twentwem kakra anaa ɔye hōn dzen, anaa wōfer, anaa wosuro mpo de wōbeyē.

Iyi ho ntsi, mususu ndzemba anan a, obiara botum aye dzi edzi Agyenkwa no no soma do, dē yebekā asempa no “[alkyere abōdze nyina” (N&A 58:64).

Ye Kan bi

Asem a mepē a wōtaa kā dē St. Francis a ofi Asisi na okāe no, kenkan dē, “Kā asempa no mber nyina, na se okehia a, fa nsemfua kā.”¹ Dza ɔhyē asem yi mu nye ntseasee de asempakā a ɔye ndam no dodowara no, wōnnkā.

Se yewō nokwar su na yedze hen gyinapēn bō bra daa a, nkorofo hu. Se yekyerē dew nye ahomkā mfar a, wohu no yie mpo.

Obiara pe de onya ahomka. Se hen a yeyē Asorumba no kyere asempa ne kan ho mfar a, nkorofo botum ehu hen ahomka tsebea na wōatse Nyankopon No dō ho nkā dē

ɔrehyē hen abrabo mu mbordo. Wōpe de wohu ne sian-tsir. Wōpe de wōtse hen esumasem ase.

Ono gya hōn ma wobisa nsembisa tse dē “Den ntsi na enya ahomka dēm yi? anaa “Den ntsi na aber nyina ihu biribi pa wō gyinabew biara mu?” Nokwar, nsembisa yinom ne nyiano no, gya hen tōtsenn kō Jesus Christ N'asempa nsananan mu ho nkombotwetwe.

Pe nkombō dži

Erekasa fa nyamesem ho—kyere nkanka hen anyen-kofo na adōfo—botum aye dzen na dwumason. Onnyi dē ɔye dēm. Yerekā sunsum mu sūahu anaa yerekasa fa Asor dwumadzi anaa dza ɔreba ho wō nkombodzi mu no, botum aye mberew na enyigye, se yedze akokodur nye nyansa kakra békā ho a.

Mo hokāfo, Harriet, ye iyi ho fasusu mapā. Ber a yetse Germany no, nna otum nya kwan dze Asor ho nsem behye n'ayenkofo na hōn a onyim no nkombodzi mu. Mfatoho, se obi bisa no fa dza ɔyee dapēn ewiei a, obēkā dē, “Kwesida yi yenya sūahu tsitsir bi wō hen asor mu! Mfe 16-aberantseba bi gyināa hen mboanofo 200 enyim, kasaa kyere hōn faa abrabo a ho tsew ho.” Anaa, “Mē-tsee dē mfe 90-basia bi ween nkuntu bōbor 500 dze maa hen Asor no n'adasamba adøyē asoee dē wōmfa nkēma

nkorɔfo a wohia wɔ wiadze nyina mu.”

Nna ɔtaa dɛ, nkorɔfo a wɔtse iyi no pɛɛ de wohu bi so kā ho. Obisaa nsembisa horow. Na ɔno maa kwan ma ɔkasaa faa asempa no ho wɔ nkɔmbɔdzi, na awerehyemu kwan do a, ɔammfa nhye.

Nde mber yi abɛɛfo *Internet* nkitsahodzi aba yí a, ɔyɛ mberɛw ndɛ de ibekā ndzemba yinom ho wɔ nkɔmbɔdzi mu akyen ber biara a abasen mu. Dza yehia ara nye akokodur a yedze beye.

Ma Adom Nhyɛ Wo Mā

Oyɛ yaw dɛ, ɔnnkyer na henho reye haw. ɔtaa dɛ yegye kyim, yebu enyimtsia, na yebua fɔ. Se hen bo fuw, yekyer ahantan su, anaa yehaw nkorɔfo a, adze kor a wɔnnkohwehwɛ koraa nye wobohu biribi bio afa henho. Yennkotum ehu nyimpa dodow a woefi Asɔr no mu, anaa wɔammbɔdom da a, ɔnam dza obi dze haaw hɔn anaa wɔdze yaaw hɔn no.

Nde wiadze yi dodowara mmbu adze. Osiande *Internet* do nnyi w'enyim ntsi, ɔyɛ mberew de ebekā asem fi anaa ndzemba a otuwu yie wɔ do. Ana onnyi de ihen, Christ ɔbrefo no n'akādofo susuampara no, yenyi gyinapen a ɔkrɔn, na ɔkyere adɔyɛ? Kyerewsem no kyerekyerɛ de, “Hom mma hom kasaa nyɛ dza adam nkyen wɔ mu daa, ama hom eehu dza ɔse dɛ hom dze bua obiara” (*Colossaefo* 4:6).

Mepe adwen no dɛ hen nsenkā betsew dɛ ewia ketee wi, na adam hye mu mā. Hom botum esusu mbre hen ebusua ebusua, *ward* horow, aman aman, nye wiadze yi mpo beye, se yebotum edzi fapɛm kumaa yi do a.

Ma Gyedzi Nhyɛ Wo Mā

ɔtɔsebi a, se binom gye asempa no a, yegye ho nkamfo no anaa mfom no dodow. Ohia tsitsir de yebekaa de Ewuradze ronnhwehwɛ hen de yebesakyer binom.

Nsakyeree no nndua hen nsenkā do, mbom odua Sunsum Krɔnkrɔn no som a ofi sor ba. ɔtɔsebi a, hen dasegye anaa sūahu mu kasasin kor ara na ɔma akoma hyease gow, anaa obue abobow a otum gya binom ma wodua Sunsum no ne nkenyan do, dze nya nokwar sūahu a ɔkrɔn.

President Brigham Young (1801–77) kāa dɛ ohun dɛ asempa no ye nokwar ber a “ohun banyin bi a n'ano nntsewee, na onnyi dɔm mu kasa ho akyedze, na ma otumii kāe ara nye, ‘Sunsum Krɔnkrɔn no tum mu no,

minyim de Mormon Nwoma no ye nokwar, na Joseph Smith ye Ewuradze No nkɔnhyenyi.” President Young kāa dɛ ber a ɔtsee dɛm ahobreadze dasedzi no, “Sunsum Krɔnkrɔn no a ofi dɛm onyaa no mu no, betseew me ntseasee mu, na kan, enyimnyam, na bɛkyebo [bedaa] m'enyim kann.”²

Enuanom na nkyerɛmbaa, hom nya gyedzi dɛ Ewuradze botum ehuhor nsem a ekā no, na ɔama wɔayɛ kese. Nyankopɔn mmbisa wo dɛ sakyer obi, mbo ɔse hom mbue hom ano. Nsakyeree edwuma no nnye hom dze,—mbom ɔyɛ nyia oritsie no, na Sunsum Krɔnkrɔn no.

Asɔrba Biara ye Asempasomafo

M'anyenkofo adɔfo, nde akwan horow mbordo wɔ hɔ a yedze bobue hen ano na yenye binom akye Jesus Christ asempa no ho engyigyesem no. Kwan wɔ hɔ ma obiara —asempasomafo ɔtwentwemfo mpo dɛ ɔdze noho behye dwuma a ɔsɔ yi mu. Hen nyina botum ehu kwan a yedze hen ankorankor akyedze nye enyigayedze bɔboa ma dwuma a ɔsɔ yi, ma kan na nokwar ahye asaase do mā. Ber a yeye dɛm no, yebuya enyigye no a ɔba nokwafo na akokodurfo hɔ ma wotum “gyina dɛ Nyankopɔn adasefo aber nyina” no (*Mosiah* 18:9).

NSENSIN

1. St. Francis a ofi Assisi, wɔ William Fay nye Linda Evans Shepherd mu, *Share Jesus without Fear* (1999), 22.
2. *Teachings of Presidents of the Church: Brigham Young* (1997), 67.

EREKYEREKYERE EFI AMANDZEED YI MU

Kwan pa kor a yɛfa do dze kyerekyerɛ nye “yɛbɛhyɛ hɔn a yekyerɛkyerɛ hɔn no dzen ma wɔfa . . . botae horow a obotum aboa hɔn ma wɔdze fapem no a akyerɛ hɔn no, abɔ bra” (*Teaching, No Greater Call* [1999], 159). Susu dɛ ebɔto nsa afre hɔn a ekyerɛkyerɛ hɔn no ma wɔafa botae mpaabɔ muara, dɛ wɔnye nyimpa kor anaa ebien bi bɛkye asempa no bosoom yi. Awofo botum apɛnsampensam akwan a mbofra nkakraba botum aboa. Hom botum so aboa ebusua mu mba ma wɔabɔ hɔn tsir mu, anaa wɔayɛ ɔyekyerɛ a ɔfa akwan horow a asempa ho asem bɛhen daa daa nkɔmbɔdzi mu, na wɔadwen Asɔr mu dwumadzi horow a ɔrebɛba do a, wobotum ato nsa afre nyɛnko bi.

Enye wo Nyenkye Rekyε

Adriana Vásquez kāe

Da kor bi, ber a murusūa akɔ me seminary adzesua no, menyaa nkenyan fɛw pefee bi. Merekenkan afa adzekyee no n'adzesūadze do no, muhun me nyenkye bi a menye no wɔ skuul n'eniyim, na metsee nkā dzenndzen dε me nye no nkyε me dasegye no.

Nkenyan no daa edzi pefee dze, naaso musuroi.

Dhaaw me dε me nyenkye no bɔpoow me, nkanka dε nna ɔnnsɛ akataasia a n'eniyi bεgye dε ɔbɔdom Asɔr no.

Modwenee kɔr ekyir, kɔr kasa bi a Akyerεbaa Mary N. Cook a ɔkā Wiadze Mfendzanan Young Women Presidency ho no kāe a, ɔtoo hεn taferbanyimbɔmu dε yεnyε edwuma dzen na yεnyε akatakyi.¹ Nna mεpε dε meyε dεm, ntsi mekyerεew akataasia yi krataa, na megyee Asɔr no no nokwar ho dase, na dɔ a mowɔ no Mormon Nwoma no ho. Adzekyee no, medze Mormon Nwoma kor nye me krataa no, duaa ho hyε no kotoku mu.

ɔyε me ahobow, me nyenkye no gyee asεmpa no aso pa mu. ɔhyε ase fi dεm da no, daa ɔkā dza oesūa no wɔ

no Mormon Nwoma adzesūa mu no, kyεrε me. Adapεn kakra ekyir no, menye no kyεrε asεmpasomafo no. ɔyε dε amonmu ara no, onyaa pi si fii Sunsum Krɔnkron no hɔ dε dza orusūa no yε nokwar. Menye asεmpasomafo no sūi, ber a ɔkā nkā a ɔtse kyεrε hεn no. Annkyεr na wonumaa me nyenkye no, na nsakyeree a ɔbaa n'abrabɔ mu no, yεε n'awofo no ahobow.

Meenya ahomkā dε motumii dzii musuro do konyim, na moboae ma asεmpa no baa n'abrabɔ mu.

NSENSIN

1. Hwe Mary N. Cook, "Never, Never, Never Give Up!" *Liahona*, 2010 Esusow Aketseaba, 117–19.

MBOFRA

Mubotum Ayε Kan ama Binom

President Uchtdorf se dε ama yεaabεyε kan ama binom no, hεn nsenkā ho wɔdε "ɔtsew dε ewia ketee wi, na adam hyε mu mā." Hεn nsemkā wɔdε ɔyε ahomkā, nokwar, na ayamuyie. Ebεnadze na ibotum ayε anaa akā a ɔbεyε kan ama binom? Ibotum akyerεw no wɔ wo journal mu ndzemba enum a ɔyε enyigye a ahγehyε dε enye w'ebusuafo anaa anyenkyofo bεkā ho asεm.



Nsakyeree ba Ewuradze hɔ

Mpaabɔ̄ muara, sūa adzesuadze yi na, de mbre ɔse no, enye nkyerembaa a esera hɔn no mpensapensa mu. Ma nsembisa no mboa wo ma edze ahye wo nkyerembaa no dzen, na ɔma Relief Society ndzi adɔntsɛn wɔ̄woara w'abrabo mu. Ho nsem mbordo no, kɔ̄ reliefsoociety.lds.org.

Asor no mu nkyerembaa afofor—a—Mbasiamba a wɔrebekā Relief Society ho, nkyerembaa a wɔresan aba asor dwumadzi mu, nye afoforfo a wɔasakyer—hia akyerekyersfo aserafo hɔn anyenkoye na mboa. “Ama hɔn a wɔasakyer no wobetsim, na asɔrmba akɔtrɔbɔdwefo bɔsan aba dwumadzi emudzi mu no, ohia tsitsir de asɔrmba dze hɔnho hye mu,” Elder M. Russell Ballard a ɔkā Asomafo Duebien no hɔn Quorum ho na ɔkāe. “Itum kye Relief Society enyido-adzehu no a . . . obotum abeye anyenkoye mboa hotum tsitsir [mu kor] a yewo no Asor no mu. Sera hɔn a wɔregye nkyerekyere na wɔresan akekā hɔnho no ntsem, na dua wo kuw no ne nhyehyee do fado hɔn ma wɔmbra Asor.”¹

De yeye Relief Society mba no, yebotum aboa afoforfo no ma woe-sua Asor ne fapem ntɔyee, tse de:

- Wɔkasa dɔm enyim.
- Wɔgye dase.
- Wodzi akɔnkye mbra no do.
- Wotua ebupen du na afɔrbɔdze nkaa no.
- Edze woho hye ebusua abakɔsem edwuma mu.

- Wɔye enuma na pi si ma hɔn ewuakɔr.

Elder Ballard kāa de, “Ogya anyenkofo a wɔkyen hɔn aso, ama wɔaama asɔrmba afoforfo eenya ahoto na wɔaye hɔn etuu, ma wɔaba asor.”² Hen nyina, nkanka akyerekyersfo aserafo no, wɔ̄ asodzi tsitsir de wɔma asɔrmba afoforfo anyenkoye no tahye wɔ̄ kwan a ɔboa hɔn, ama woeetsim “asakyer aba Ewuradze hɔ” (Alma 23:6).

Fi Kyerewsem no mu

2 Nephi 31:19–20Moroni 6:4

Fi Hen Abakɔsem mu

President Gordon B. Hinckley (1910–2008), “Hɔn a wɔasakyer hɔn dodow rodɔr daa daa no ntsi, otwar de yetow hen mbɔdzembɔ mu yie dze boa hɔn ma wohu hɔn anamɔn kwan no. Hɔn mu kor biara hia ndzembə ebiasa: nyenko, asodzi, na wɔdze ‘Nyankopon N’asempa no’ nyen hɔn Moroni 6:4.”³

Akyerekyersfo aserafo no wɔ gyinabew a wobotum aboa hɔn a wɔhwε hɔn do no. Anyenkofa dzi kan taa ba, de mbre Relief Society akyerebaa akataasia bi a nna ɔye kyerkyerenyi ɔserafo ma akyersbaa bi a n’enyi efir. Nna hɔn anyenkofa

no ye nyāa, kɛpem ber a wɔyee edwuma afā na afā, wɔ nsiesie dwumadzi bi mu. Wɔbeyee anyenkofo, na ber a wɔkasaa faa Visiting Teaching Amandzeebo ho no, hɔn beenu no nyaa “Nyankopon n’asempa no” ma ɔnyeeen hɔn.

President Joseph Fielding Smith (1876–1972) kāa de Relief Society “ye Nyankopon N’ahenman ne fā tsitstir wɔ̄ asaase do na . . . ɔboa asɔrmba anokwafo ma wonya onnyiewieie nkwa wɔ̄ hen Egya N’ahenman mu.”⁴

NSENSIN

1. M. Russell Ballard, “Members Are the Key,” *Liahona*, Fankwa, 2000, 18.
2. M. Russell Ballard, *Liahona*, Fankwa 2000, 17.
3. Gordon B. Hinckley, “Every Convert Is Precious,” *Liahona*, Kwakwar 1999, 9.
4. Joseph Fielding Smith, wɔ̄ *Daughters in My Kingdom: The History and Work of Relief Society* (2011), 97.

Ebenadze na Mubotum Ayε?

1. Ana mobɔ̄ mpaa ma m’adamfo na meserε de Sunsum no ɔbema hen akwankyere ber a yerosom hen nkyerembaa no a?
2. Ebēn akwan horow do na yεsom akyerebaa kor biara a yehwe no do, ama oeehu de ampara de, yεdwen noho?