

Bishop's Guide to the Self-Reliance Plan

1. Invite the member to complete a Self-Reliance Plan.
2. Invite leadership from the Relief Society and elders quorum to help the member with his or her plan, if needed.
3. After reviewing the member's completed plan, determine the nature of needed Church assistance, if any. See *Handbook 1: Stake Presidents and Bishops* (2010), 5.2.

Member Information

Member's name

Evaluate the Member's Needs and Identify Any Assistance to Provide

Members who are unable to meet basic needs through their own efforts, their extended family, or community resources may need Church assistance. Use the table below to keep a record of any assistance provided.

Date	Type of assistance (if any)	Amount or duration
July 28	Example: Groceries	Example: 2 weeks

Note: If you have questions about special circumstances, such as members informing you that they are not authorized to work in the country where they reside, please call the Welfare Help Line (1-855-537-4357, toll free in the United States and Canada) or the assigned administrative office.

