UNITED KINGDOM AND IRELAND LOCAL PAGES

AREA LEADERSHIP MESSAGE

Christ's Gifts to Us

By Elder K. Roy Tunnicliffe

Area Seventy, England

n infant schools and church services throughout the month of December, children dress in bath robes and towels to reenact the Nativity. Their story usually concludes as the Magi find baby Jesus and present to Him their gifts of gold, frankincense and myrrh.

What interesting gifts these were! Whilst some believe they were of a practical nature, it is more likely that they were given for symbolic reasons.

These three gifts given to Jesus are not only foreshadows of His life to come¹ but were also announcements of the gifts that our Saviour would present to us through His mission and Atoning sacrifice.

Gold is the typical gift for kings² because it symbolizes kingship and royalty.³

Gold also reminds us how Jesus Christ has provided a way that we might be exalted. All who follow Jesus Christ as His covenant disciples, and endure to the end, shall be given a "crown of righteousness." These true followers of Christ "are a chosen generation, a royal priesthood, an holy nation." Indeed, because of Jesus Christ, we might one day "inherit thrones, kingdoms, principalities, and powers, dominions, all heights and depths." Gold reminds us of the sceptre of all gifts—exaltation—made available to us only through Jesus Christ, "the King of kings."

Frankincense comes from a sweet tree resin and was used in priest-hood ordinances, in burnt offerings, and in oil for anointing priests.⁸ Frankincense points to Jesus as the great High Priest,⁹ but it additionally reminds us that He is also the Lamb of

Elder K. Roy Tunnicliffe



God¹⁰—the "great and last sacrifice . . . yea, infinite and eternal." ¹¹

Frankincense reminds us of the Saviour's gift of love—a love that was powerful enough for Jesus to lay down His life. "Greater love hath no man than this." ¹²

In the New Testament, myrrh is usually associated with embalming and burial because of its preservative qualities. ¹³ Myrrh's medicinal uses can symbolise Christ's role as the Master Healer, and its use in burials can symbolise "the bitter cup" He would drink when He suffered for our sins. ¹⁴

Myrrh also helps us to remember that Jesus Christ broke the bands of death. ¹⁵ Jesus gave us the gift of resurrection. He voluntarily died and took up His life again so that we might do likewise. The dry bones of the dead that Ezekiel saw will one day come forth as living souls. ¹⁶

Given our Saviour's selfless and kind nature, it should not be a surprise to us that these gifts presented to Jesus as an infant have been consecrated for our good and presented back to us and are symbolic reminders of some of the most precious gifts that the Saviour gives to mankind.

In Section 88 of the Doctrine and Covenants, we are counselled:

"For what doth it profit a man if a gift is bestowed upon him, and he receive not the gift? Behold, he rejoices not in that which is given unto him, neither rejoices in him who is the giver of the gift." ¹⁷

Perhaps, one of the greatest gifts that we can give to our Saviour this Christmas season is to remember, cherish and truly receive His gifts to us.

We might then seek to make these gifts known to others.

I testify that Jesus Christ is the Son of God, the great Emmanuel, and the giver of all good gifts. ■

NOTES

- 1. See Rebekah Atkin, "Thoughtful Gifts," *New Era*, Dec. 2011, 5.
- 2. See 1 Kings 9:14, 28.
- 3. See Atkin, "Thoughtful Gifts," 5.
- 4. Doctrine and Covenants 29:13.
- 5. 1 Peter 2:9.
- 6. Doctrine and Covenants 132:19.
- 7. 1 Timothy 6:15.
- 8. Atkin, "Thoughtful Gifts," 5.
- 9. See Hebrews 4:14-15.
- 10. See 1 Nephi 10:10.
- 11. Alma 34:14.
- 12. John 15:13.
- 13. See John 19:39-40.
- 14. Doctrine and Covenants 19:18.
- 15. See Mosiah 15:8-9.
- 16. See Doctrine and Covenants 138:43.
- 17. Doctrine and Covenants 88:33.

LOCAL PAGES

21-Day Book of Mormon Challenge

"We introduced the Book of Mormon challenge to a less active member we found at a bus stop. He told us he really missed the peace that only comes through a serious study of the Book of Mormon." —Elder Ben Jones, England Leeds Mission

On September 1, 2018, members of The Church of Jesus Christ of Latter-day Saints throughout Europe were invited to participate in a challenge to read specific verses of scripture during the first 21 days of the month. Each scripture from the Book of Mormon was accompanied by a question themed around the scripture along with a quote from Church leaders. In addition, six short video messages of Church members were also shared.

The idea of the challenge was to help develop our personal relationship with Jesus Christ, drawing closer to Him by experimenting with the word of God.

The England Leeds Mission took on the challenge and incorporated it with their daily missionary activities.

The England Leeds mission president, Martin Turvey, introduced the challenge at a zone conference. Specially created banners and printed materials were on display, with a screenshot of a Google search for "The Book of Mormon." He spoke to the missionaries about how deeply he felt to "reclaim the Book of Mormon as a sacred text, as a witness of the Saviour Jesus Christ" in each of our lives.

Elder Meyers said: "We have found more success using the 21-Day Challenge bookmark for finding because a lot of people have questions and really seem to be more interested in the Book of Mormon when they see that it can answer deep questions."

Many members participated by sharing online their favorite scripture and a few words about how the Book of Mormon or a particular scripture had blessed their life.

Conner Shothall said: "My fiancé, Abriannah Cowley, and I would set aside time with each other to read through the chapter then post on Facebook a brief summary of our thoughts and feelings to share with others. We would open ourselves up to any questions people would have and urge them to read the chapters themselves. I found this helped shorten the distance for us both while we are in different countries. I had a reminder of why I'm a member of this Church and the amount of love that Heavenly Father has for all of His children.



Abriannah from Idaho, USA, said: "This challenge brought me closer to Christ by pondering in a more personal way the principles and doctrines of the gospel. Our Savior's great Atonement is proof of God's love for us, and I am so grateful to have been a part of this challenge. It gave me a better, elevated way to study the Book of Mormon."

Not only did the missionaries invite others to participate in the daily reading but they themselves also took part.

Elder Kenewah said: "I had good experiences during the 21-Day Book of Mormon Challenge. I love reading the Book of Mormon. It helps to strengthen my testimony. It gives me a knowledge of how I can look to Jesus Christ and helps me draw closer to Him. In Helaman 5:12, I love the way Helaman admonishes his sons to build their foundation 'upon the rock of our Redeemer, who is Christ, the Son of God.' I know that we are living in a time where people are putting their interest in worldly things, and if we focus our attention on those things, we will fall and forget about the plan of

salvation. I know without a doubt that many of the experiences I have gained concerning Jesus Christ have come through reading the Book of Mormon."

Elder Oldenburg said: "The 21-Day Challenge has helped me to appreciate the Book of Mormon even more. I am grateful for the special Spirit it brings. The 'voice from the dust' literally spoke to me as I pondered the words it contains."

Sister Allen said: "One of the coolest experiences I had with the Book of Mormon challenge was seeing it change my life and the lives of my loved ones. One of the ladies I shared it with said. 'Conference talks have become my salvation. I love, love, love them!' It is amazing how beautifully the prophets and apostles can share further insights of the doctrines taught within the Book of Mormon. They always say it takes 21 days to create a habit, and doing this challenge has done just that. It has helped me create a habit of further daily scripture study and study of the teachings of modern-day prophets and apostles. My testimony has been strengthened and I am so grateful."

As we have frequently been invited to do, this challenge is a great reminder to us all of the blessings that come through daily study of the Book of Mormon. If you would like to share your own stories from reading the Book of Mormon, please follow the link here: ldsuk.co.uk.

Church Building Missionaries Reunion Makes History

By UK Church History Specialists

Over the weekend of 17–19 August 2018, church building missionaries who served in the 1960s made history when they gathered together at

a reunion in the Chorley stake centre. Around 70 came from England, Scotland, Ireland and Wales, with a few others travelling from America and Canada.



On entering the foyer of the building, in addition to everyone receiving a friendly greeting and a warm embrace, the former missionaries viewed a wonderful display, bringing back a mixture of great memories and feelings of deep appreciation. Many photos of the church building missionaries and the chapels they built were exhibited there. There were also photos of building site events and statements of incidents that had happened during construction. One display board that drew particular attention was a remembrance board listing almost 150 names of those who served during the building years and have now moved on. You could not read the names without a sense of gratitude and reverence enveloping you. It was pleasing to look around and see the many who remained true to that faith that they embraced all those many years ago.

On Friday evening, everyone enjoyed a meal together and continued mingling. Those conversations produced their own buzz as all present caught up with the past and chatted about people, places and events from so long ago.

On Saturday morning, breakfast was served and a general session was held. During the session, Arnold Jones, Church history adviser for the UK and Ireland, gave a few words of introduction. Frank Blease, the chairman of the reunion committee, conducted the session and welcomed everyone. He spoke of a 'common bond between us,' not just through building together, but that we share a common bond in the Atonement of Jesus Christ—and our allegiance to Him.

A presentation was given by James Perry. He spoke of the background to the building programme of the 1960s and the impact it had on the builders, the missionaries and the members, as well as on the future of the Church in the UK and Ireland. By 1982, 172 chapels had been constructed. He concluded with a sincere thanks to the building missionaries for their service and sacrifice.

Three workshops were then held. Firstly, oral histories (12 individual and 4 group oral histories were completed). Secondly, a 'show and tell' on memorabilia and mementos that had been brought along. Thirdly, a

roundtable session that teased out even more stories and experiences of the building missionaries.

A fun activity then ensued—five groups putting their old skills to work to build a cardboard chapel in 40 minutes! The creations produced during that time were quite remarkable.

In the late afternoon, some embarked on a historic tour of the Preston area whilst others chilled out until the buffet dinner was served in the evening.

After-dinner entertainment was led by four former building missionaries. There were various sketches, including the 'Two Ronnie's,' and songs by the 'Baritoners,' the 'Munday Family,' and a missionary quartet. The evening ended up with all singing, 'When Our Mission's Over,' a song that had first been sung at a building missionary convention in the 1960s. What an absolutely wonderful evening of entertainment was enjoyed by all.

On Sunday morning, a sacrament and testimony meeting was held. A welcome letter was read out received from Elder Kenneth Johnson, emeritus General Authority Seventy. He wrote of the miracles that took place during the building programme years and the growth that followed. He also expressed appreciation for those who served in such an inspired cause.

Arnold Jones spoke of our message, our ministry and our mission. In the 1960s, our message was the building programme, our ministry was building physical places where the saints could worship, and our mission was salvation, providing sacred edifices of worship where salvation could be preached and fostered.







David Pickup spoke of the arrival of the Church in 1837 and the use of buildings up until 1937. He talked of the emigration activities that reduced the numbers in Great Britain and of the visit of President Heber J. Grant in 1937, when he dedicated six buildings. He reminded us of the drive in the 1950s under the direction of President David O. McKay to build up the Church internationally and the impact that this drive to build had throughout the world as well as in Great Britain. His talk concluded with a challenge. I quote from President McKay who said:

"And so with you I say, 'We are not ashamed of the gospel of Christ.' I am looking upon a segment of the Church of Christ who share the responsibility of preaching this gospel to all the world, for we are part of a world-wide organization. . . . And you and I must share part of the responsibility of declaring it to all the world."

Many moving testimonies followed that reflected the feelings of all those in attendance. A small selection of sentiments expressed are as follows:

"I have enjoyed the spirit of the weekend, being with people who have the Spirit."

"This reunion has not just been historical, it has been sacred."

"The reunion has brought four fellow building missionaries together who have not been together for over 50 years."



"My mission has brought me to where I am today."

"What joy I have felt during the time we have all been together."

Many thank you messages have been received from those who attended. Here are just two that reflect the feelings of all who attended:

"The weekend was amazing from the minute we arrived to when we left. It was so well organised and each section just hit the spot and was so appropriate." "My many thanks for a wonderful weekend. The CBM Reunion was fabulous, so well organised, the food was great, the workshops informative, the miracles countless, the blessing endless."

The event didn't just make history; it was a great history-gathering occasion that brought together so many stories and historical details that will now be documented. The work of the committee continues, articles will be written, books will be published, journal entries will increase and ways will be found to ensure all these things are recorded. For it is true to say, "Where there is no record, there is no history."

Anyone interested in receiving the UK Church History Newsletter, please contact Arnold Jones at arnoldjones1005@gmail.com

NOTE

1. David O. McKay, *Stepping Stones to an Abundant Life*, comp. Llewelyn R. McKay (1971), 120–21.

Two Faiths Unite Through Service

By Helen Hughes

This day was a great example of service between two congregations of different religions all worshipping the same God. We worked together to achieve what would have taken too long a time to do alone, and in the process we had the chance to learn from each other about our beliefs and life stories.

Members of the Sunderland stake joined together with the members of the Chapel of Light on Cornhill Road in Sunderland. There was a mixture of adults and children working together to clear gardens, mop floors, clean walls and take over 100 bags of garden waste to the local scrap yard. The activity started at 10 a.m. and finished at 3 p.m. with many tired but happy people.

The Church of Light congregation want to use their church building for

their community and provide somewhere to go for playgroups, learning and events. They needed help to clear the overgrown gardens and the main hall for preparations to open the church to the local community and also for their own worship.

The members of the Chapel of Light were overwhelmed with the support from another church and rewarded all the hard work with KFC and lots of juice. We were lucky with the weather too, although rain was predicted, we actually had a good dry spell. The rain didn't come until just after the last bag of waste was packed in the cars.

The children worked really hard and kept going for the entire time, never complaining but always working together and laughing with each



other. It was a strengthening experience for all involved and there was a lot of work achieved over the time we were there.

Peter from the Chapel of Light was delighted with the support and said: "Thank you so much for your help. I can't believe how much has been done. This would have taken us weeks to do, and we have managed it in a day working together. And the children, so many children working hard. You have good children in your Church."

Amy Hansens said: "It was a really fun day—really hard work but very enjoyable, and it was great to see how everyone worked together. The people from their church were really appreciative and could hardly believe we had driven 50 miles to come and help."

Everyone involved in this experience enjoyed it and were pleased with how the church looked once we had finished. We hope that the friendship formed within this day of service continues for future events where we can continue working together for the community.

'Light the World' Campaign 2018

Light the world through simple charity.

t's the third year of the Christmas initiative 'Light the World,' and the act of giving is even more strong.

Some of us may be familiar with this situation: "As I walk past the museums on Exhibition Road and then turn toward South Kensington Station, I am approached by a solicitor asking for a charitable contribution. I am sincere in my desire to give, but I don't want to hand over my credit card to a stranger on the street. I also have many concerns: Is the charity credible? Where does the money go? How is it used? Would my donation reach its intended destination? Because I'm on my way to an appointment, I don't have time for a protracted discussion. Consequently, I don't give even though I consider myself a generous person."

How Can I Give?

Starting in December 2016, The Church of Jesus Christ of Latter-day Saints introduced its 'Light the World' theme, inviting people of all ages and religious backgrounds to share the good news of Christ's birth and to actively follow His example of service. 'Light the World', based on a talk given by President Monson in an October 2018 general conference address,¹ invites us to be an example of light to the world and to provide service in '25 ways over 25 days'.²

Introducing a New Way to Give

For those who want to give, especially at Christmas, the Church has created a simpler, more creative, and truly fun way to give. Imagine if you could buy two chickens for £20 and donate them to a needy family in

another country. As part of its annual 'Light the World' Christmas campaign, the Church has introduced an unusual type of vending machine that allows you to give specific items like goats, chickens, spectacles, blankets, socks, clean water, healthy meals and much more. Instead of going to a vending machine to buy something, you can actually give something. The Church partnered last year with a few charities to introduce 'Light the World' vending machines in Salt Lake City, Utah, USA, and in New York City, USA.

'Light the World' Vending Machines Come to London

Building upon the success of last year, the Church will expand its charitable initiative to Great Britain. The 'Light the World' vending machines will be introduced in London just in time for the Christmas season. Those wishing to donate will have a choice of two different charities: internationally renowned UNICEF and Care.org.

The machines will be located outside the Hyde Park meetinghouse, just across from the Science Museum on Exhibition Road (64–68 Exhibition Road, South Kensington, London SW7 2PA). The Church absorbs all costs associated with the vending machines, which means 100 percent of the proceeds go to the intended charities.

"Every dollar that is donated makes the world a better place," remarked Joseph Carbone, CEO and founder of Eye Care 4 Kids. "Everyday miracles happen—whether it's the little boy who can see his mother's face for the first time, a child that actually sees leaves on a tree for the first time, or a child that can finally see to read."

Now, this is truly a great way to light the world.

Curious pedestrians stop to examine vending machines. There're not many places around here where you can buy a goat. The exciting part is, we usually go to a vending machine to get something. With these vending machines you can give something, which is unique and makes it simple to give.

A new approach to charity. £5 at a vending machine buys a pair of

HELP THE NEDY NEDY glasses for a needy child who otherwise can't see well enough to read.

Christmas is a time where service brings a special feeling of warmth to the ending year. As members of The Church of Jesus Christ of Latter-day Saints this initiative, 'Light the World', has brought us great happiness in encouraging our friends around the world to participate in serving and giving to one another during the Christmas season in celebration of the life of Jesus Christ and sharing His light as the scripture describes in John 8:12.

The Saviour declared, "Ye are the light of the world" (Matthew 5:14). "As we follow the example of the Savior and live as He lived and as He taught,

that light will burn within us and will light the way for others," said President Thomas S. Monson.³

Those on social media are encouraged to share their experiences by using the hashtag #LightTheWorld.

Please find ways to be involved more fully with 'Light the World' this year and share your stories that come from your efforts with us by using this platform to write your article for the January *Ensign* here: ldsuk.co.uk. ■

NOTES

- 1. Thomas S. Monson, "Be an Example and a Light," *Ensign*, Nov. 2015, 86–88.
- See "25 Ways to #LightTheWorld This Christmas," LDS Blog, Nov. 30, 2017, blog.lds.org.
- 3. Thomas S. Monson, "Be an Example and a Light," 86.

My Story

By Artemis Botsi

come from a typical Greek family and was baptised Greek Orthodox when I was a baby. I was never religious; if anything, I was always against the church. In Greece, religion is not appreciated very much by young people. Towards the end of last summer, I came to realise that I wanted more from life than just working and repeating every day over and over.

I wanted something more. My best friend in England is a Muslim who takes her religion very seriously. She always used to go home and pray, which I found to be a little odd. She also believed that she was going somewhere after she died. It really made me think that I should start doing something for myself.

One night when I was talking with my friend on social media, I remember sharing a story with her about something I'd seen on YouTube about a couple getting engaged and





it turned out they were "Mormon." She briefly explained to me about the "Mormon" religion from her understanding. I found it so fascinating!

I found myself researching all night after that. I remember going on mormon.org and just reading for a little while. Suddenly, on the bottom of the screen, an online chat popped up. I thought maybe a chat online would be easier to ask questions. So, I get talking with Sister Coleman, who was lovely. She answered all my questions and knew exactly what my worries were. Finally, she asked, "Would you like a copy of the Book of Mormon?" I answered, "Yes!" I was enjoying the research I had been doing and thought a book would be cool. I looked forward to receiving my copy in the post.

Next thing I know, I get a missed call from a number I didn't know. I tried to call back, but no one answered. Then I got another missed call, called back, no one answered again. So, I just left it. The day after, I was at work, I received a text message saying "Hi, it's the missionaries, what time would be best to bring you the Book of Mormon?" Later that day, around 7 p.m., my doorbell rang. It was the missionaries, with long coats, hats and scarves. They looked great! I said to them, "Come in," thinking to myself, "Why did I just invite two strangers into my house?" It just seemed right. They came in and we started talking. I remember feeling so good and so free—I could talk

to them about my worries, and they answered all my questions.

Towards the end of our conversation, they said, "When is it good to meet again?" I thought, "Oh my goodness, is this a regular thing?" But again, something told me to say, "Anytime!" They then came twice a week, teaching me and helping me to understand more about Jesus Christ and the restored gospel. When they were in my house, I always felt happy!

A couple of weeks after meeting the missionaries, I remember praying about a challenge. Shortly thereafter, I had an unexpected visit from an old friend, which answered my prayer, as it was the only open chapter in my life that I wanted to close. Instantly I felt the spirit and realised that it was a sign from God. I called the missionaries as soon as I finished work as I was in shock! That's when I knew that God really answers prayers.

I still don't get it how these two Canadian young men managed to change my whole perspective on life and death, Jesus Christ and God. All I know, is that it felt right. Elder Leishman and Elder Oswald literally saved me. They put me on the right path. I was never religious. I never thought I would want to go to church every Sunday or that I would want to read the Bible or the Book of Mormon.

Sister Coleman, who introduced me to the Book of Mormon, is such an amazing missionary. We are in touch through Skype, even though she is all the way in Omaha, Nebraska, USA.

And here I am. I became a member of The Church of Jesus Christ of Latter-day Saints on the 6th of January, about a month after meeting the missionaries. My baptism was the most incredible thing I have ever done in my entire life. I feel such a connection with Heavenly Father and Jesus Christ through the power of the Holy Ghost—it's so hard to put it into words! I've met great people, friends for life, and I have a new family. I have learned too that this church is the only church that helped me to feel and understand my purpose in life. We live to follow our Heavenly Father, try to be more like Him, and finally be with Him for eternity. I now have a purpose in life, I don't feel lost anymore. I pray, and I get answers. It's amazing. ■

Share your stories with us by using this platform here: ldsuk.co.uk.

Self-Reliance Missionaries Bring Members Together in the Virtual Classroom

By Yvonne Runcie-McMahon

Self-reliance Missionaries Elder and Sister Dudley have been bringing members together each week from across the UK to take part in a 12-week Starting and Growing My Business course. The course has been conducted via the virtual classroom using Zoom video conferencing. Each week class members participate in a different aspect of starting or growing their own business. Key to the lesson

is a foundation principle of the gospel that is reinforced with follow-up meetings mid-week with their assigned action partner.

Jaqui (Crewe Ward):

"I think I would have struggled if I had to attend a session in person, but Zoom means we can be in the same room virtually. The sessions, I feel, work very well and encourage active

participation. I have been challenged and found myself contemplating all aspects raised, and I can see how they apply to every aspect of my life both personal and business.

I have come away from every session feeling I've learned something new that I can apply to both business and personal life. It has helped me realise that starting a business requires much more than an idea but also a good grounding in accounting, marketing, and sales to help decide what business to pursue and how to make it successful. I look forward to each session and what I will learn each time."

Yvonne (Warrington Ward):

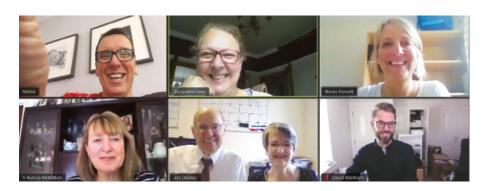
"The course is unlike any other Church course I have ever done. It is not just following a manual or set lesson but directed by the spirit and the interaction of the class members and facilitators. Each of us bring something unique to the class and feel inspired to make suggestions for one another. It is wonderful to suggest something of value to your class member that they have not considered for themselves. As we act in faith and do our part by actively committing to the values and principles of each lesson, we are blessed greatly for our efforts."

The scripture Doctrine and Covenants 88:63 sums this up:

"Draw near unto me and I will draw near unto you; seek me diligently and ye shall find me; ask, and ye shall receive; knock, and it shall be opened unto you."

Becky (Macclesfield Ward):

"I work part-time. I have always been making items for family and friends and wondered if I could supplement my income by selling these items. I had only just started to set up an Etsy shop when the opportunity came up to participate in the Starting and Growing your own Business course online. I did not know what to expect but have loved every minute



of it. It has made me grow in so many directions. The key things that have the greatest impact on me were:

- 1. Having a group of people who have a wide range of experiences to offer you advice and ideas that you hadn't thought of.
- Working on and reporting on commitments made from the lesson.
 This goes hand in hand with regular contact with your action partner.
 Again, the opportunity to talk about where you are up to with your commitments and ideas of where to go next is invaluable.
- 3. The daily writing in my business notebook helped me reflect on what I was doing and kept me on track!
- 4. Having the mixture of spiritual principles and business principles in each lesson has strengthened me spiritually and educated me to know what it means to run your own business. It has helped me understand how spiritual principles go hand in hand with business.
- Being out of my comfort zone!
 Running your own business needs
 resilience, perseverance, commitment, reliability, hard work and the
 ability to be open to feedback."

Alistair (Gillingham 1st Ward):

"I would highly recommend the course as I have seen vast improvements in my life. I was assigned to be part of this as a member of the Gillingham 1st Ward bishopric (to see if it would be worthwhile for our ward members). Before the course, one would assume that there would be an entrepreneur like Richard Branson, a tried and tested businessman, that

would tell you step-by-step how to become a billionaire, but there wasn't at all, just a senior missionary couple with limited knowledge of how business works in the UK. The sceptic in me would get to thinking, 'Why I am doing this and what can I learn from this group?' But it turns out I learnt so much and I am so grateful for Brother and Sister Dudley's perseverance when it comes to serving the Lord and for the group members' support. I feel refreshed and ready to take on my role as entrepreneur. This is a course I would highly recommend!"

Being temporally and spiritually self-reliant is central to God's plan for each of us.

Elder Dieter F. Uchtdorf has taught, "Like two sides of a coin, the temporal and spiritual are inseparable." ¹

There are four types of self-reliance groups available to study as a 12-week course:

- · Personal Finance
- · Find a Better Job
- · Education for Better Work
- Starting and Growing My Business

As we act with faith in Jesus Christ, we become more temporally and spiritually self-reliant. We experience greater peace and joy. In an ever-changing world of work, the Lord continues to inspire our prophet and leaders to equip all of His children with the skills to provide for themselves and their families.

For more information about these courses, please speak with your bishop or stake selfreliance specialist or check online at LDS.org.

NOTE

1. Dieter F. Uchtdorf, "Providing in the Lord's Way," *Ensign*, Nov. 2011, 53.