Moses 1:39

This is God’s work and glory.

Context
While on a high mountain, God spoke with Moses face-to-face and explained His eternal purpose for mankind.

Doctrine or Principle
Heavenly Father’s plan provides a way for us to live eternally and become like Him.

Application
How can you assist God in His work? How can you help others seek eternal life?

Genesis 19

Joseph resisted temptation.

Context
Joseph was repeatedly approached by Potipher’s wife to commit adultery, but he refused.

Doctrine or Principle
Sexual immorality is a sin against God.

Application
Identify specific standards in the Ten Commandments and counters the wisdom of the world.

Isaiah 5:20

Woe unto them that call evil good.

Context
When have you seen the media portray evil as good and good as evil? How can you avoid being deceived by the media?

Doctrine or Principle
The Lord’s people are united, live righteously, and care for one another.

Application
What can you do to build unity, promote righteousness, and assist those in need in your family, ward, or branch?

Psalm 127:3

Children are an heritage of the Lord.

Context
If we Honor God by seeking to do His will, we will live in harmony with God and man.

Doctrine or Principle
Children are a precious gift from God.

Application
In what ways are you preparing your children for the sacred responsibility God has given them?

Psalm 119:105

God’s word is a lamp unto my feet.

Context
As you learn to increase your trust in God’s word, you will be guided and comforted.

Doctrine or Principle
We need in our family, ward, or branch?

Application
If you have unresolved sin, exercise the Atonement. Write in your journal or share with someone your feelings for Jesus Christ and His Atonement.

Proverbs 5:5–6

Trust in the Lord.

Context
If we place our complete trust in God, He will guide us in our lives.

Doctrine or Principle
We can be forgiven and restored through the Atonement.

Application
How can you help others seek eternal life?

Joshua 24:15

Choose to serve the Lord.

Context
Joshua taught the children of Israel what the Lord had done to preserve them.

Doctrine or Principle
We choose whether or not we will serve the Lord.

Application
What actions in your life demonstrate your choice to serve the Lord?

1 Samuel 16:7

The Lord looks on the heart.

Context
Samuel assumed that Eliab, the eldest son of Jesse, was the one the Lord had selected to be Israel’s new king because of his strong physical appearance.

Doctrine or Principle
God judges us by our thoughts and desires rather than by our outward appearance.

Application
Rather than focus on outward appearances, pray for your own and others as God sees you.

Moses 7:10

Zion—one heart and one mind in righteousness.

Context
Ephraim taught the gospel and established a city of righteousness during a time of great wickedness.

Doctrine or Principle
The Lord’s people are united, live righteously, and care for one another.

Application
What do you do to build unity, promote righteousness, and assist those in need in your family, ward, or branch?

Joshua 23:6

Ye shall be a holy nation.

Context
Near Mount Sinai, the Lord gave the children of Israel commandments through His servant Moses.

Doctrine or Principle
As we keep the Ten Commandments and how well you are following it. Commit to obey them more fully.

Application
Consider each of the Ten Commandments.

Isaiah 52:22–23

Abraham was chosen before he was born.

Context
God taught Abraham about personal spirits.

Doctrine or Principle
We are called to God before birth, and He chose His noble and great children to become makers and leaders here upon the earth.

Application
How does the truth that God knew you before you were born inspire you to follow Him during mortality?

Genesis 26–27

God created man in His own image.

Context
The Creation account sets forth the ploughing of Adam and Eve on the earth.

Doctrine or Principle
Men and women are created in God’s image and given dominion over all animals and creatures on the earth.

Application
You are a child of God, made in His image. Where do you pray to Heavenly Father, remember that He is a loving Father.

Exodus 20:3–17

The Ten Commandments.

Context
Application
As you interact with media and technology, if you are able, make plans to attend the temple regularly.

Exodus 20:19

Ye shall be holy.

Context
At Mount Sinai, the Lord invited the children of Israel to become His covenant people.

Doctrine or Principle
If we keep the Lord’s covenants and how well you are following it. Commit to obey them more fully.

Application
What will you do to better keep the covenants you have made with the Lord?

Joshua 24:15

Choose to serve the Lord.

Context
Joshua taught the children of Israel what the Lord had done to preserve them.

Doctrine or Principle
We can choose whether or not we will serve the Lord.

Application
What actions in your life demonstrate your choice to serve the Lord?

Isaiah 29:13–14

A marvelous work and a wonder.

Context
After the prophet Isaiah identified ways the people were failing to live the law of the faith, he taught them about the true purposes and blessings of fasting.

Doctrine or Principle
Fasting helps remove the burdens of ourselves and others and helps us care for the poor.

Application
When have you received blessings from a fast? When fasting, plan to fast with a specific purpose.

Isaiah 58:7–8

The law of the fast.

Context
After the prophet Isaiah identified ways the people were failing to live the law of the faith, he taught them about the true purposes and blessings of fasting.

Doctrine or Principle
Fasting helps remove the burdens of ourselves and others and helps us care for the poor.

Application
When have you received blessings from a fast? When fasting, plan to fast with a specific purpose. how do you plan to do so now for the sacred responsibility to serve the Lord?

Isaiah 1:18

Though your sin be as scarlet.

Context
Samuel assumed that Eliab, the eldest son of Jesse, was the one the Lord had selected to be Israel’s new king because of his strong physical appearance.

Doctrine or Principle
God judges us by our thoughts and desires rather than by our outward appearance.

Application
Rather than focus on outward appearances, pray for your own and others as God sees you.

Numbers 1:13–14

The Sabbath is the Lord’s holy day.

Context
The prophet Isaiah instructed the people to keep the Sabbath day holy and taught about the blessings that come from Sabbath-day observance.

Doctrine or Principle
If we honor God by seeking to do His will on the Sabbath day, then we will be prosper.

Application
Evaluate your Sabbath-day observance and determine whether your Sabbath-day activities honor God. strive to better serve and honor God on His holy day.

Psalm 243:4

Clean hands, pure heart.

Context
In a psalm (song) of praise to God, the psalmist asks who would be worthy to attend the temple regularly.

Doctrine or Principle
We are worthy to receive temple ordinances and enter the celestial kingdom.

Application
What can you do to be clean and pure as you interact with media and technology? If you are able, make plans to attend the temple regularly.

Psalm 19:105

God’s word is a lamp unto my feet.

Context
In a psalm (song) about God’s law, the psalmist compared God’s word to a light that guides us on the path of life.

Doctrine or Principle
The word of God guides our lives.

Application
Seek answers to your questions and guidance for your life as you study the scriptures and the words of living prophets.

Psalm 127:3

Children are an heritage of the Lord.

Context
A psalm (song) about God’s blessings teaches that children are a precious gift from God.

Doctrine or Principle
Children are to be cherished as gifts from God.

Application
In what ways are you preparing yourself now for the sacred responsibility of raising and caring for your own children?
24 Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.

26 And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

27 So God created man in his own image, in the image of God created he him. Male and female created he them.

22 Now the Lord had shewed un

28 And God saw that the whole was good: and God looked on all the whole, and they were good.

3 Thou shalt have no other gods before me.

4 Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the waters under the earth.

5 Now therefore, if ye will obey my voice indeed, and keep my covenant, then ye shall be a peculiar treasure unto me above all the people: for all the earth is mine.

9 There is none greater in this house than I; neither hath he kept back any thing from me but thou, because thou hearest not that wisdom: how then can I do this great wickedness, and sin against God?

12 Honour thy father and thy mother: that thy days may be long upon the earth.

13 If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day: and call the Sabbath a delight, the holy of the Lord honourable: andhonour him, ceasing from thine own pleasure, nor speaking thine own words:

14 Then shall thou delight thyself in the Lord; and I will cause thee to ride upon the high places of the earth, and to feed thee with theheritage of Jacob thy father: for the mouth of the Lord hath spoken it.

5 Thou shalt keep the Sabbath day to sanctify it.

6 In the day when thou wast an infant, and wast uncircumcised, the Lord, the God of Israel, sanctified thee: and thou wast his thrall.

6 Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free; and to break every yoke?

7 But the Lord said unto Samuel, Look not on the height of his stature, nor on the stouterness of his countenance, for I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.

15 And it shall come to pass, when your days shall be fulfilled, that you shall turn your heart and your eyes to the Lord your God, and shall hearken unto his voice, and do all his commandments.

16 Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be white as snow; though they be red like crimson, they shall be as wool.

18 Or there is none greater in this house than I; neither hath he kept back anything from me but thee, because thou hearest not that wisdom: how then can I do this great wickedness, and sin against God?

12 Honour thy father and thy mother: that thy days may be long upon the earth.

13 If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day: and call the Sabbath a delight, the holy of the Lord honourable: andhonour him, ceasing from thine own pleasure, nor speaking thine own words:

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6 Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free; and to break every yoke?
Jeremiah 1:14–8
Jeremiah was foreordained before birth.

Context
As the Lord called Jeremiah to prophesy to the people of Judah, He revealed that Jeremiah had been ordained to be a prophet before he was born.

Doctrine or Principle
God knew us before we were born and foreordained us for earthly missions.

Application
Examine your patriarchal blessing to gain insights into your purposes on earth. If you have not yet received a patriarchal blessing, prepare to receive one.

Ezekiel 37:15–17
The Bible and the Book of Mormon are joined together.

Context
Ezekiel prophesied that as part of the gathering of Israel in the last days, the Bible and the Book of Mormon would be joined together.

 Doctrine or Principle
The Bible and the Book of Mormon have come together to witness of Jesus Christ in our day.

Application
As you study the scriptures, look for truths that are supported in both the Bible and the Book of Mormon.

Amos 3:7
God reveals His secret to His prophets.

Context
As the prophet Amos warned of coming judgments of the Lord, he testified that God reveals knowledge to His prophets.

 Doctrine or Principle
The Lord reveals His will through prophets.

Application
How have you come to know that God speaks through prophets today? What are the current prophets counseling you to do?

Malachi 3:8–10
Paying tithing brings blessings.

Context
Through the prophet Malachi, the Lord taught wayward Israel to return to Him by living the law of tithing.

 Doctrine or Principle
If we pay tithes and offerings, then God will open the windows of heaven and pour out blessings upon us.

Application
What blessings have you received as a result of obeying the law of tithing?

Malachi 4:5–6
Elijah will turn the hearts of fathers and children.

Context
Malachi prophesied that before the Second Coming of Jesus Christ, the prophet Elijah would restore the authority to perform ordinance work for the dead.

 Doctrine or Principle
Because Elijah came and restored priesthood keys, we can perform ordinance work for our kindred dead.

Application
Learn how to use the family history tools that the Church provides. Prepare the name of at least one of your ancestors for temple ordinances.
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