

By President  
Thomas S. Monson



# “He Is Risen”

## A PROPHET’S TESTIMONY

“The clarion call of Christendom,” President Thomas S. Monson has declared, is that Jesus of Nazareth rose from the dead. “The reality of the Resurrection provides to one and all the peace that surpasses understanding” (see Philippians 4:7).<sup>1</sup>

In the following excerpts, President Monson shares his testimony of and gratitude for the Savior’s Resurrection and declares that because the Son conquered death, all of the Father’s children who come to earth will live again.

### **Life beyond Mortality**

“I believe that none of us can conceive the full import of what Christ did for us in Gethsemane, but I am grateful every day of my life for His atoning sacrifice in our behalf.

“At the last moment, He could have turned back. But He did not. He passed beneath all things that He might save all things. In doing so, He gave us life beyond this mortal existence. He reclaimed us from the Fall of Adam.

“To the depths of my very soul, I am grateful to Him. He taught us how to live. He taught us how to die. He secured our salvation.”<sup>2</sup>

### **Dispelling the Darkness of Death**

“In certain situations, as in great suffering and illness, death comes as an angel of mercy. But for the most

part, we think of it as the enemy of human happiness.

“The darkness of death can ever be dispelled by the light of revealed truth. ‘I am the resurrection, and the life,’ spoke the Master. ‘He that believeth in me, though he were dead, yet shall he live: And whosoever liveth and believeth in me shall never die.’

“This reassurance—yes, even holy confirmation—of life beyond the grave could well provide the peace promised by the Savior when He assured His disciples: ‘Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.’”<sup>3</sup>

### **He Is Not Here**

“Our Savior lived again. The most glorious, comforting, and reassuring of all events of human history had taken place—the victory over death. The pain and agony of Gethsemane and Calvary had been wiped away. The salvation of mankind had been secured. The Fall of Adam had been reclaimed.

“The empty tomb that first Easter morning was the answer to Job’s question, ‘If a man die, shall he live again?’ To all within the sound of my voice, I declare, If a man die, he shall live again. We know, for we have the light of revealed truth. . . .

“My beloved brothers and sisters, in our hour of deepest sorrow, we can receive profound peace from

the words of the angel that first Easter morning: ‘He is not here: for he is risen.’”<sup>4</sup>

### All Will Live Again

“We laugh, we cry, we work, we play, we love, we live. And then we die. . . .

“And dead we would remain but for one Man and His mission, even Jesus of Nazareth. . . .

“With all my heart and the fervency of my soul, I lift up my voice in testimony as a special witness and declare that God does live. Jesus is His Son, the Only Begotten of the Father in the flesh. He is our Redeemer; He is our Mediator with the Father. He it was who died on the cross to atone for our sins. He became the firstfruits of the Resurrection. Because He died, all shall live again.”<sup>5</sup>

### A Personal Witness

“I declare my personal witness that death has been conquered, victory over the tomb has been won. May the words made sacred by Him who fulfilled them become actual knowledge to all. Remember them. Cherish them. Honor them. He is risen.”<sup>6</sup>

#### NOTES

1. “He Is Risen,” *Liahona*, Apr. 2003, 7.
2. “At Parting,” *Liahona*, May 2011, 114.
3. “Now Is the Time,” *Liahona*, Jan. 2002, 68; see also John 11:25–26; 14:27.
4. “He Is Risen,” *Liahona*, May 2010, 89, 90; see also Job 14:14; Matthew 28:6.
5. “I Know That My Redeemer Lives!” *Liahona*, May 2007, 24, 25.
6. *Liahona*, Apr. 2003, 7.

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### TEACHING FROM THIS MESSAGE

After sharing quotes from President Monson’s message, note the testimony that he bears of the true meaning of Easter. You could ask family members the following questions: “What does it mean to you that a living prophet has testified of these truths today? How can you apply them in your life?” Consider adding your testimony.

## YOUTH

### I Will See Him Again

By Morgan Webecke

**D**ad made each of us kids feel special. He loved us and would forgive easily. He did his best to make sure that each of us was happy, and he made it clear that he wanted the best for us. I loved him so much.

When I was in sixth grade, my dad died in a car accident. My family and I were totally devastated. There was a big hole in our family. Dad was the one I leaned on, the one I went to if I was having problems. Instead of seeking help, I let the anger and hurt stay. I finally decided it was God’s fault. I stopped reading my scriptures and saying prayers. I went to church only because Mom wanted me to. I tried to stay far away from my Heavenly Father.

Then I went to Young Women camp for the first time. I liked meeting new friends, but I still didn’t read my scriptures. On the last night, we had a testimony meeting. I felt something I hadn’t in a long time: the Spirit. I admired the girls who got up and bore their testimonies, but I stayed seated because I thought I didn’t have one. All of a sudden I felt like I had to get up. I opened my mouth, wondering what to say. So I said I was glad for Young Women camp. Then I found myself saying that I knew Jesus Christ died for me and that my Heavenly Father loved me and that the Church was true.

I was filled with a remarkable peace. Thanks to this experience I can say that I know I will see my dad again because of the Savior’s Atonement and Resurrection.



Faith, Family, Relief

# Love, Watch Over, and Strengthen

*Prayerfully study this material and, as appropriate, discuss it with the sisters you visit. Use the questions to help you strengthen your sisters and to make Relief Society an active part of your own life.*

Like the Savior, visiting teachers minister one by one (see 3 Nephi 11:15). We know we are successful in our ministering as visiting teachers when our sisters can say: (1) my visiting teacher helps me grow spiritually; (2) I know my visiting teacher cares deeply about me and my family; and (3) if I have problems, I know my visiting teacher will take action without waiting to be asked.<sup>1</sup>

How can we as visiting teachers love, watch over, and strengthen a sister? Following are nine suggestions found in chapter 7 of *Daughters in My Kingdom: The History and Work of Relief Society* to help visiting teachers minister to their sisters:

- Pray daily for her and her family.
- Seek inspiration to know her and her family.
- Visit her regularly to learn how she is doing and to comfort and strengthen her.
- Stay in frequent contact through visits, phone calls, letters, e-mail, text messages, and simple acts of kindness.
- Greet her at Church meetings.
- Help her when she has an emergency, illness, or other urgent need.

- Teach her the gospel from the scriptures and the Visiting Teaching Messages.
- Inspire her by setting a good example.
- Report to a Relief Society leader about their service and the sister's spiritual and temporal well-being.

## From Our History

“Visiting teaching has become a vehicle for Latter-day Saint women worldwide to love, nurture, and serve—to ‘act according to those sympathies which God has planted in [our] bosoms,’ as Joseph Smith taught.”<sup>2</sup>

A sister who had recently been widowed said of her visiting teachers: “They listened. They comforted me. They wept with me. And they hugged me. . . . [They] helped me out of the deep despair and depression of those first few months of loneliness.”<sup>3</sup>

Help with temporal tasks is also a form of ministering. At the October 1856 general conference, President Brigham Young announced that handcart pioneers were stranded in deep snow 270–370 miles (435–595 km) away. He called for the Latter-day Saints in Salt Lake City to rescue them and

to “attend strictly to those things which we call temporal.”<sup>4</sup>

Lucy Meserve Smith recorded that the women took off their warm underskirts and stockings right there in the tabernacle and piled them into wagons to send to the freezing pioneers. Then they gathered bedding and clothing for those who would eventually come with few belongings. When the handcart companies arrived, a building in the town was “loaded with provisions for them.”<sup>5</sup>

## NOTES

1. See Julie B. Beck, “What I Hope My Granddaughters (and Grandsons) Will Understand about Relief Society,” *Liahona*, Nov. 2011, 113.
2. *Daughters in My Kingdom: The History and Work of Relief Society* (2011), 112.
3. *Daughters in My Kingdom*, 119–20.
4. Brigham Young, “Remarks,” *Deseret News*, Oct. 15, 1856, 252.
5. See *Daughters in My Kingdom*, 36–37.

## From the Scriptures

Luke 10:38–39; 3 Nephi 11:23–26; 27:21

### What Can I Do?

1. How can I know what my sisters need?
2. How will my sisters know that I care deeply about them?

For more information, go to [reliefsociety.lds.org](http://reliefsociety.lds.org).