Learn more about self-reliance today at srs.lds.org
WHAT IS SELF-RELIANCE?
“Self-reliance is the ability, commitment, and effort to provide the spiritual and temporal necessities of life for self and family. As members become self-reliant, they are also better able to serve and care for others.”
—Handbook 2: Administering the Church [2010], 6.1.1

HOW DO I BECOME SELF-RELIANT?
By discovering your potential, you will become a greater instrument in the Lord’s hands. You have a higher purpose. Take the following steps to start your path to self-reliance.

KEYS TO BECOMING SELF-RELIANT:
○ Exercise faith in Jesus Christ—Moroni 7:33
○ Be obedient—D&C 82:10
○ Act—2 Nephi 2:16, 26
○ Serve and be unified—Moses 7:18

CHRIST WILL HELP US:
“When He [Christ] says to the poor in spirit, ‘Come unto me,’ He means He knows the way out and He knows the way up.”
—Elder Jeffrey R. Holland, “Broken Things to Mend,” Ensign or Liahona, May 2006, 71

1. DISCOVER MY NEEDS
○ Set my temporal and spiritual self-reliance goals.
○ Using the My Foundation booklet, begin practicing critical habits of spiritual self-reliance.

2. CHOOSE MY PATH
Start on my path to self-reliance by developing practical skills (90 days):
○ Start and grow a business,
○ Find a better job, or
○ Identify needed skills and create an education plan.

3. ACT IN FAITH
○ Keep working to become self-reliant.
○ Serve others as Jesus Christ would.
○ Help others grow by sharing with them the skills of self-reliance.