

Book of Mormon Videos: Seminary Teacher Instructions (English)

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For use with the 2017 *Book of Mormon Seminary Teacher Manual*.

The purpose of this guide is to help seminary teachers use the new Book of Mormon Videos to help effectively teach the seminary curriculum. Of the many videos in the series, only the most helpful ones are recommended in this guide. Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

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Book of Mormon Videos

Lesson 6: 1 Nephi 1

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“The Lord Calls Lehi as a Prophet” (2:57)

Using This Video

You might show the first part of this video (pause at 1:42) instead of reading the statement in the lesson that explains the following:

“The remainder of 1 Nephi 1 includes Nephi’s account of experiences that his father Lehi had while dwelling at Jerusalem. These experiences took place during a time of widespread wickedness in Jerusalem. Many people worshipped idols, engaged in immorality, called ‘evil good, and good evil’ (Isaiah 5:20), and had forsaken their covenants with the Lord (see Bible Dictionary, ‘Jeremiah’).”

Before you play the video, consider inviting students to look for examples of widespread wickedness as they watch. After showing the video, invite students to share what they noticed.

“The Prophet Lehi Warns the People of Jerusalem” (4:59)

Using This Video

You could show this video to help students understand this principle stated in the lesson:

“God calls prophets to denounce sin, warn of its consequences, and testify of Jesus Christ.”

Before you play the video, consider inviting students to look for how the people of Jerusalem responded to Lehi’s prophecies and testimony.



Book of Mormon Videos

Lesson 7: 1 Nephi 2

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“Lehi’s Family Departs into the Wilderness” (3:47)

Using This Video

The first part of this video (from timecode 00:00 to 02:31) could be used to help students discuss this question from the lesson:

“According to verse 4, what did Lehi’s family have to give up in order to obey this commandment? Why might this have been difficult?”

The second part of this video (from timecode 02:32 to 03:47) could be used to help increase students’ understanding of this summary stated in the lesson:

“Summarize 1 Nephi 2:5–7 by explaining that Lehi’s family traveled from Jerusalem to a river valley near the Red Sea, a possible distance of 260 miles (420 kilometers). (To create a perspective of this distance for your students, you might point out a place that is approximately 260 miles from where you are located.) Their trek likely went through a hot and barren country, known for thieves who waited to rob unprepared travelers, and may have taken 12 to

14 days. After arriving in the river valley, Lehi built an altar, made a sacrificial offering, and gave thanks to the Lord.”

Consider showing the video after giving the summary.

“Nephi Prays for Laman and Lemuel” (6:02)

Using This Video

You could show this video toward the end of the lesson. By then, you should have these two principles listed on the board:

“If we do not understand God’s dealings with His children and if we disbelieve His prophets, then we can be led to murmur against them. . . .

“ . . . When we earnestly desire and pray, the Lord can soften our hearts to help us believe and obey His words.”

Before showing the video, invite students to look for ways in which Nephi, Laman, and Lemuel demonstrate examples of the two principles.



Book of Mormon Videos

Lesson 8: 1 Nephi 3–4

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“Laman Attempts to Obtain the Sacred Records” (3:30)

Using This Video

Consider showing this video after students have completed the first six questions in the group activity for 1 Nephi 3:10–18. Before showing the video, invite students to look for any additional insights they gain from Laman’s attempt to obtain the brass plates. Show the video, and then ask students to discuss question seven in the group activity, which is to share additional insights they gain.

“Lehi’s Sons Offer Riches for the Sacred Records” (4:53)

Show only 1:30 of the entire 4:53 video.

Using This Video

Consider showing this video from timecode 3:23 to 04:53 after students have completed the first six items in the group activity for 1 Nephi 3:22–31.

Before showing the video, invite students to look for any additional insights they gain from the second failed attempt to obtain the brass plates. Show the video, and then ask students to discuss question seven in the group activity, which is to share additional insights they gain.

“Nephi Obtains the Sacred Records” (4:20)

Using This Video

You might show this video instead of giving this summary from the lesson manual:

“Summarize 1 Nephi 4:19–29 by explaining that Nephi dressed in Laban’s clothes and went to Laban’s treasury to obtain the brass plates. Acting as Laban, Nephi commanded Zoram, Laban’s servant, to join him in retrieving the plates and taking them to his brothers outside the walls of the city. When Nephi’s brothers saw Nephi, they thought he was Laban and began to flee. They stopped after Nephi called out to them.”



Book of Mormon Videos

Lesson 9: 1 Nephi 5

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“Sariah Rejoices in the Return of Her Sons” (4:05)

Using This Video

The lesson manual says:

“Invite a student to read 1 Nephi 5:1–3 aloud. Ask the class to follow along, looking for reasons why Sariah began to complain.”

Instead, show this video while asking half of the students to look for reasons Sariah complains against Lehi and the other half to look for Lehi’s response. As the students identify the reasons, encourage them to find and mark those reasons in their scriptures.



Book of Mormon Videos

Lesson 11: 1 Nephi 7

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“Lehi’s Sons Invite Ishmael’s Family to Join Them” (4:40)

Using This Video

Follow the lesson manual through the part that says:

“Invite a student to read 1 Nephi 7:3–5 aloud. Ask the class to follow along and look for how the Lord helped Nephi and his brothers obey the commandment to marry and raise up children unto Him.”

Then show this video before asking the following question from the lesson manual:

“How did the Lord help Nephi and his brothers obey the commandment to marry and raise children?”

Invite students to mark phrases from the verses that answer the question. Then continue with the written lesson.

“The Lord Delivers Nephi from His Rebellious Brothers” (6:55)

Using This Video

Consider using this video when you arrive at the part of the lesson that says,

“As students continue to study 1 Nephi 7 today, invite them to look for ways they can receive the Lord’s help in that aspect of their life.”

Consider writing on the board the following scripture reference and questions from the lesson manual before showing this video. Invite students to watch the video looking for answers to the questions.

“1 Nephi 7:6–18

“How did Laman and Lemuel respond to Nephi’s warning?”

“How would you feel if you had been in Nephi’s situation? What would you do?”

“How did Nephi exercise faith in the Lord?”

After showing the video, encourage students to mark phrases from the verses that help answer the questions. Invite students to share what they marked. Then proceed with the rest of the lesson as outlined in the manual.



Book of Mormon Videos

Lesson 12: 1 Nephi 8

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“Lehi Discovers the Tree of Life”
(4:32)

Using This Video

You might use this video at the point in the lesson manual that says:

“Divide students into pairs and invite them to take turns reading aloud from 1 Nephi 8:5–12. Ask them to look for what Lehi saw in his vision.”

Instead of having students read the verses in pairs, invite them to watch this video and then discuss in pairs the answers to the questions that follow in the lesson manual. Invite students to mark words or phrases in the verses that support their answers.

“Lehi Sees an Iron Rod and Those Who Fall Away” (3:30)

Using This Video

Consider showing this video instead of showing a picture as directed in the lesson manual, which says:

“Display the picture Lehi’s Dream (Gospel Art Book [2009], no. 69) or another picture depicting Lehi’s dream (see LDS.org). Point out the symbols the class has already discussed: the tree and the fruit. Explain that in this vision, the Lord also used other symbols to teach Lehi how to come unto Jesus

Christ and partake of His Atonement. Ask students what other symbols they see in the picture and what those symbols may represent.”

Invite students to mark in their scriptures any symbols in Lehi’s vision as they are identified. Then continue with the lesson as written in the lesson manual.

Additional Videos

Once you have finished teaching the rest of the lesson as written in the lesson manual, if time allows, you may consider showing these remaining videos depicting Lehi’s vision of the tree of life. If there is not enough time, you might invite students to view them on their own later.

“Lehi Invites His Family to Partake of the Fruit of the Tree” (3:23)

“The Faithful Partake of the Fruit of the Tree” (3:28)

Augmented Reality Application

If you or your students have access to a smartphone or tablet, you may wish to have them participate in an experience with the Tree of Life augmented reality digital application. You could invite students to experience the app before class, or you could invite them to take a few minutes in class to explore Lehi’s dream.

Students can learn from the following three methods as they navigate the app and find different objects or groups of people they want to know more about:

1. Read and listen to verses of scripture that relate to the topic.
2. Watch video clips of Church leaders speaking about the topic.
3. Read questions that help students understand and apply principles relating to the topic.

You might assign students in pairs to use the app to explore the certain objects or groups of people described in Lehi's dream. You could then invite students to share what they learn in a way that aligns with the desired outcomes of the curriculum for the lesson.

Note: If you choose to use the app during class, be careful to not allow the students' experience with the app to overshadow their experience with the scriptures and the outcomes of the lesson curriculum.



Book of Mormon Videos

Lesson 17: 1 Nephi 16

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“The Lord Provides the Liahona” (3:02)

Using This Video

You could show this video when you arrive at the part of the lesson that says:

“Invite a student to read 1 Nephi 16:9–10 aloud. Ask the class to follow along, looking for what the Lord provided to help Lehi’s family during their journey.

- What did the Lord provide for Lehi’s family? (Point out that they called this ball the Liahona [see Alma 37:38].)

“Display the picture The Liahona (Gospel Art Book [2009], no. 68; see also lds.org/media-library).

- In what ways do you think such a gift would have been helpful to Lehi and his family in their circumstances?

“Summarize 1 Nephi 16:11–15 by explaining that Lehi’s family continued to travel into the wilderness.

“Invite students to read 1 Nephi 16:16 silently, looking for how the Liahona helped Lehi’s family. Invite students to report what they find.”

Instead of reading the verses and displaying the picture, show this video, inviting students to look for the answers to the two questions from this part

of the lesson manual. You might write the questions and verses on the board beforehand.

After the video, invite students to share their answers to the questions, and encourage them to review the verses listed and mark the related phrases as they find them in their scriptures. Then continue with the written lesson.

“Nephi Breaks His Bow” (4:46)

Show only 2:22 of the entire 4:46 video.

Using This Video

You could show this video when you arrive at the part of the lesson that says:

“Invite half of the class to search 1 Nephi 16:20–22 silently, looking for how some of Lehi’s family reacted to the trial of Nephi’s broken bow. Invite the other half of the class to search 1 Nephi 16:23–25, looking for Nephi’s response to this trial and how his response affected his family. Invite each group to report what they discovered. Then ask the following questions:

- “What can we learn by comparing these two responses to the same trial?”
- “Why is it significant that Nephi went to his father for direction, even though Lehi had been murmuring?”

Instead of reading the verses, show this video, inviting students to look for the answers to the two questions from this part of the lesson manual. You might write the questions and verses on the board beforehand.

After the video, invite students to share their answers to the questions, and encourage them to review the verses listed and mark the related phrases as they find them in their scriptures. Then continue with the written lesson.



Book of Mormon Videos

Lesson 19: 1 Nephi 18

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

Using These Videos

This lesson, as it is written in the manual, guides students through verses of Nephi’s account. The reading is interspersed with questions from the teacher and discussion with the students. Therefore, it may be most effective to play portions of these videos at different points in the lesson. Or, as time permits, you may find it effective to show one or

more of these videos after teaching the lesson as found in the manual.

“Nephi and His Family Finish the Ship” (3:53)

“A Storm Threatens to Drown Lehi’s Family” (3:10)

“Lehi’s Family Arrives at the Promised Land” (1:43)



Book of Mormon Videos

Lesson 27: 2 Nephi 5

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“The Nephites Live after the Manner of Happiness” (3:01)

Using This Video

You could show this video when you arrive at the part of the lesson that says:

“Write 2 Nephi 5:6, 10–18, 26–27 on the board. Divide students into groups of two or three and invite them to act on Elder Jensen’s invitation by reading these verses together and looking for “elements

of a truly happy society and life.” You may want to invite them to consider marking elements or actions that contributed to the Nephites’ happiness. After a few minutes, invite a few students to write their findings on the board.”

Show the video first, inviting students to look for elements of a truly happy society and life. Once students have written their findings on the board, encourage them to review the verses listed and mark the related phrases as they find them in their scriptures. Then continue with the written lesson.



Book of Mormon Videos

Lesson 43: Jacob 1–Jacob 2:11

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrine and principles taught in the Book of Mormon.

“Jacob Teaches about Pride and Chastity” Part 1 (5:57)

Show only 3:33 of the entire 5:57 video.

Using This Video

You could show the first part of this video (from 0:00 to 3:33—the rest of this video could be shown in the following lesson) when you arrive at the part of the lesson that says:

“Divide the class into pairs. Invite the partners to take turns reading to each other from Jacob 2:2–3, 6–7, 9–11. Ask them to look for phrases that

indicate Jacob’s feelings about his task of calling the people to repentance. You may want to invite students to consider marking what they find. After sufficient time, invite several students to report their findings to the class.”

Show the video first, inviting students to list phrases from the video that indicate Jacob’s feelings about his task. After the video, encourage them to review Jacob 2:2–3, 6–7, 9–11 and mark the related phrases as they find them in their scriptures. Then continue with the written lesson.



Book of Mormon Videos

Lesson 44: Jacob 2:12–35

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrines and principles taught in the Book of Mormon.

“Jacob Teaches about Pride and Chastity” Part 2 (5:57)

Show only 2:10 of the entire 5:57 video.

Using This Video

You could show the second part of this video (from 3:34 to 5:44) when you arrive at the part of the lesson that says:

“Ask a student to read Jacob 2:12–13 aloud. Invite the class to follow along, looking for what led some of the Nephites to compare themselves with others.

- What led some of the Nephites to compare themselves with others?
- What words or phrases in verse 13 indicate how some of the Nephites were comparing themselves with others?
- How can comparison lead to pride?”

Show the video first, inviting students to list phrases from the video that indicate what led some of the Nephites to compare themselves with others. After the video, encourage them to review Jacob 2:12–13 and mark the related phrases as they find them in their scriptures. Then continue with the written lesson.



Book of Mormon Videos

Lesson 48: Jacob 7

Prayerfully consider how the Book of Mormon Videos might help your students identify, understand, feel the truth and importance of, and apply the doctrines and principles taught in the Book of Mormon.

“Sherem Denies Christ” (7:17)

Using This Video

You could show the first part of this video when you arrive at the part of the lesson that says,

“Explain that Jacob 7 recounts Jacob’s experience with a man named Sherem.”

This lesson, as it is written in the manual, guides students through verses of Jacob’s experience with Sherem. The reading is interspersed with questions from the teacher and discussion with the students. Therefore, it may be most effective to play portions of this video at different points in the lesson. Or, as time permits, you may find it effective to show part or all of this video after teaching the lesson as found in the manual.

