

# Strengthening Personal and Family Gospel Study

## Why this topic?

Latter-day prophets have consistently taught that the best place for learning and teaching the gospel is the home (see, for example, Thomas S. Monson, “The Lord’s Way,” *Ensign*, May 1990, 93). When members study the gospel at home—individually and with their families—they become more spiritually self-reliant. They consistently turn to the scriptures when they have questions or challenges, and they find inspiration and spiritual nourishment there. Some members may feel that they do not have the necessary skills to become self-reliant students of the gospel, but you can help them see that studying and teaching the gospel at home is something we all can do

---

## Prepare for an inspiring meeting

How might this meeting help those you teach gain confidence in their abilities to study the gospel? How can they strengthen one another in their resolve to study the gospel?

Who might you ask to testify of the blessing of studying and teaching the gospel at home?

As you pray about and study the resources below, what impressions do you have about how to encourage members in their efforts to learn and teach the gospel in their homes?

### Teaching in the Savior’s Way

The Savior asked questions that caused others to think and feel deeply. He was sincerely interested in their answers and rejoiced in their expressions of faith. He gave them opportunities to ask their own questions, and He listened to their experiences. What questions can you ask that will help those you teach think and feel deeply about the gospel?

Guide to the Scriptures, “[Scriptures: Value of the scriptures](#)”

Elder David A. Bednar, “[Watching with All Perseverance](#),” *Ensign* or *Liahona*, May 2010, 40–43

“[A Discussion on Scripture Study](#),” interview with President Henry B. Eyring, *Ensign*, July 2005, 22–26

“[Teaching the Gospel in the Home](#),”

*Teachings of Presidents of the Church: Harold B. Lee* (2000), 119–27

“[Part D: Teaching in the Home—Teaching in the Family](#),” *Teaching, No Greater Call: A Resource Guide for Gospel Teaching* (1999), 127–44

Video: “[Advice for Studying the Scriptures](#)” (2:07) “[I Love My Daily Scripture Study](#)” (1:08)

---

## Begin the meeting

As you begin the meeting, think about how to help those you teach recognize the spiritual growth happening in their own lives and in their families. You could ask them to share what they have thought about or done as a result of last week's meeting, or you could prepare them for today's discussion by asking them to talk about what they have done to create successful personal and family gospel study in their homes.

---

## Ideas for learning together

To help those you teach understand how to make their homes a center of gospel study, use one or more of the following ideas or prepare your own.

- Before class, members could study one of the resources listed above and come prepared to share what they have learned from that resource. Encourage them to ask one another questions and share ideas about how to study and teach the gospel at home (this may be done in small groups).
  - You could share some of the scripture study ideas from "[A Discussion on Scripture Study](#)" (see resources above) and ask members to share some of their favorite ways to study the scriptures with their families and as individuals.
  - As a group, you could study "[Teaching the Gospel in the Home](#)," from *Teachings of Presidents of the Church: Harold B. Lee* and discuss what you learn from President Lee. What are some of the blessings and miracles members have experienced from studying the scriptures in their homes?
- 

## Take action

Help the members you teach think about how to apply what they have learned individually, in their families, and in your quorum or auxiliary. How could they take action to strengthen their personal and family study of the gospel this week? For example, you might ask:

- What has made your home gospel study powerful in the past? What challenges have you overcome?
- What personal goals do you have to strengthen your personal or family gospel study this week?

Weeks 1 and 4: Locally Selected Topic

- Are there others in your home who you could encourage in gospel study? What could you do or say to help them?

You may want to ask class members to share other specific actions they feel inspired to take individually or in their families to strengthen gospel study in their homes.

During the week, you may want to send out a reminder (through email, text message, or social media) to invite members to act on what they have learned and to share additional learning and teaching resources.