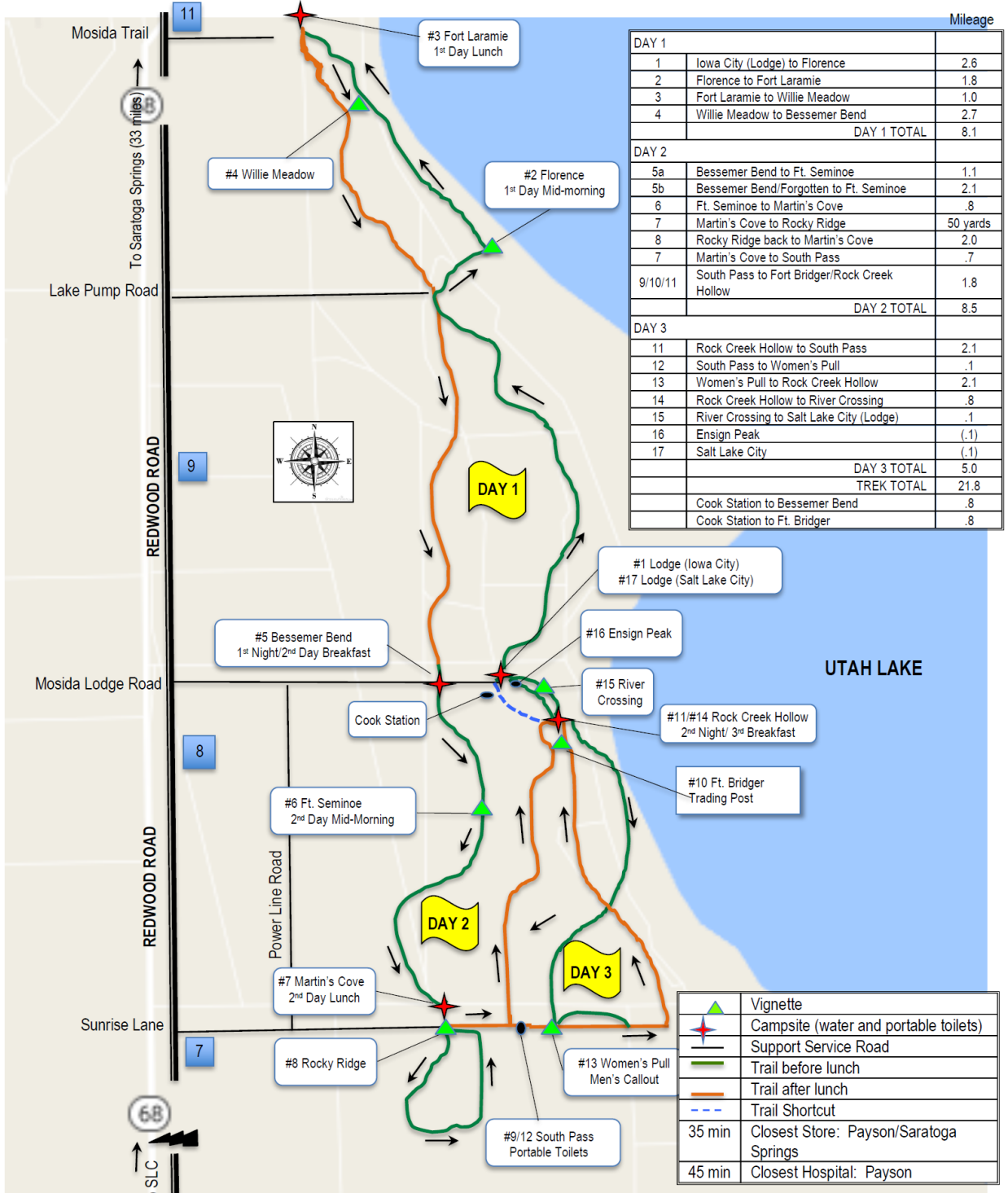


MOSIDA HANDCART TREK SITE



		Mileage
DAY 1		
1	Iowa City (Lodge) to Florence	2.6
2	Florence to Fort Laramie	1.8
3	Fort Laramie to Willie Meadow	1.0
4	Willie Meadow to Bessemer Bend	2.7
DAY 1 TOTAL		8.1
DAY 2		
5a	Bessemer Bend to Ft. Seminoe	1.1
5b	Bessemer Bend/Forgotten to Ft. Seminoe	2.1
6	Ft. Seminoe to Martin's Cove	.8
7	Martin's Cove to Rocky Ridge	50 yards
8	Rocky Ridge back to Martin's Cove	2.0
7	Martin's Cove to South Pass	.7
9/10/11	South Pass to Fort Bridger/Rock Creek Hollow	1.8
DAY 2 TOTAL		8.5
DAY 3		
11	Rock Creek Hollow to South Pass	2.1
12	South Pass to Women's Pull	.1
13	Women's Pull to Rock Creek Hollow	2.1
14	Rock Creek Hollow to River Crossing	.8
15	River Crossing to Salt Lake City (Lodge)	.1
16	Ensign Peak	(.1)
17	Salt Lake City	(.1)
DAY 3 TOTAL		5.0
TREK TOTAL		21.8
Cook Station to Bessemer Bend		.8
Cook Station to Ft. Bridger		.8

	Vignette
	Campsite (water and portable toilets)
	Support Service Road
	Trail before lunch
	Trail after lunch
	Trail Shortcut
35 min	Closest Store: Payson/Saratoga Springs
45 min	Closest Hospital: Payson