

Bulletin Board

FUN Facts



about Mexico



Shrimp Tacos

1. Sauce

Mix ½ cup of fat-free plain yogurt with ¼ cup chopped cilantro, 3 tablespoons lime juice, ¼ tea-spoon cayenne pepper, and salt to taste.

2. Shrimp

Heat shrimp in olive oil over medium heat. Sprinkle with salt and pepper and cook until the shrimp is bright pink and white.

3. Taco!

Warm tortillas in the microwave until soft. Build your taco with shrimp and sauce, and add chopped cabbage, lettuce, tomatoes, or whatever else seems yummy!

Soy un hijo de Dios.

Family History



I Am Doing It!

Mahonri and Helaman were named after people in the Book of Mormon. Do you know where your name comes from? Ask a parent to tell you stories behind any special names in your family. This year you could start a family history journal by writing down the answers to these questions.

"I am a child of God" in Spanish

Have you met Mahonri and Helaman yet? They're brothers from Mexico, and on pages 14–15 you can read more about them. Here are some fun facts about Mexico:

- Several ancient peoples lived in Mexico, like the Mayans and Aztecs, who may be descendants of the people in the Book of Mormon.
- More than 1 million Church members live in Mexico.
- Mexico is about the size of Spain, the United Kingdom, France, Italy, and Germany put together!

CRAFTY CASCARONES

In Mexico, people sometimes celebrate the new year by making confetti-filled eggs called *cascarones*. When you gently crack a *cascarón* on someone's head, the shower of confetti is supposed to bring him or her good luck. Here's how to make your own! Be sure to ask for an adult's help when you make this craft.

- You will need:
- raw eggs
 - dish soap
 - spoon
 - glue
 - Easter-egg dyes and small bowls
 - paper confetti
 - tissue paper

1. Gently tap the end of the eggshell with a spoon to make a small crack. Make a hole big enough to pour the egg out. (Now would be a good time for scrambled eggs!)
2. Gently rinse the shell with dish soap and water.
3. Follow the directions for the Easter-egg dyes to color the shells. Let them dry hole-side down so any extra liquid drips out.
4. When the shells are dry, carefully fill them with confetti.
5. Glue a piece of tissue paper over the hole in the shell to keep the confetti from falling out.



ILLUSTRATIONS BY THOMAS CHILD