Ideas to Help You Listen to and Learn from General Conference

BEFORE CONFERENCE

• Learn about the prophets and apostles. You can review their names and pictures in this notebook or learn more about their lives (and other Church leaders) on LDS.org.

• What we learn from conference can help us improve our lives and find answers to our personal questions. Write down your personal questions of what you hope to learn from conference.

• Ask Heavenly Father to help you listen and understand the messages.

DURING CONFERENCE

• Each time a new talk begins, find the speaker’s picture in this notebook. If the speaker’s picture isn’t here, write his or her name and calling on the last page.

• Write down something you learn from the talk, or draw a picture of what the speaker talks about.

• Pay attention to feelings and thoughts you have. The Holy Ghost can teach you and help you know the messages are true.
AFTER CONFERENCE

• Write down your answers to these questions:

1. What are the main things you learned from conference?

2. What are you going to do because of what you learned?

• Share what you learned with your family and friends. For example, you could share the things you wrote or drew in this notebook in family home evening.

• Ask your parents to study conference talks with you. These are available in the Gospel Library app, on LDS.org, and in the Church magazines.

For other fun activities, go to children.lds.org.
Write down your thoughts or draw a picture of what President Nelson says.
PRESIDENT DALLIN H. OAKS
First Counselor in the First Presidency
Write down your thoughts or draw a picture of what President Oaks says.

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PRESIDENT HENRY B. EYRING
Second Counselor in the First Presidency
Write down your thoughts or draw a picture of what President Eyring says.

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PRESIDENT M. RUSSELL BALLARD
Acting President of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what President Ballard says.

ELDER JEFFREY R. HOLLAND
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Holland says.
ELDER DIETER F. UCHTDORF
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Uchtdorf says.

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ELDER DAVID A. BEDNAR
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Bednar says.

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ELDER QUENTIN L. COOK
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Cook says.

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ELDER D. TODD CHRISTOFFERSON
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Christofferson says.

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ELDER NEIL L. ANDERSEN  
*Of the Quorum of the Twelve Apostles*

Write down your thoughts or draw a picture of what Elder Andersen says.

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ELDER RONALD A. RASBAND  
*Of the Quorum of the Twelve Apostles*

Write down your thoughts or draw a picture of what Elder Rasband says.

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ELDER GARY E. STEVENSON
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Stevenson says.

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ELDER DALE G. RENLUND
Of the Quorum of the Twelve Apostles
Write down your thoughts or draw a picture of what Elder Renlund says.

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ELDER GERRIT W. GONG
*Of the Quorum of the Twelve Apostles*
Write down your thoughts or draw a picture of what Elder Gong says.

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ELDER ULISSES SOARES
*Of the Quorum of the Twelve Apostles*
Write down your thoughts or draw a picture of what Elder Soares says.

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