



How can I use *Come, Follow Me* to help young women become more converted?

As a general presidency, we have visited Young Women classes around the world. We rejoice in the spiritual preparation we see as you use *Come, Follow Me: Teaching and Learning Resources for Youth*.

This curriculum is more than new lesson content—it is a guide to help us teach in a new way. The headings in the *Come, Follow Me* outlines provide a pattern that can be a catalyst for conversion: share experiences, learn together, and live what we are learning. We invite you to follow this pattern more effectively.

Use the following outline in stake auxiliary leadership meetings, orientation for newly called ward Young Women presidencies, and ward Young Women presidency meetings. As you accept this invitation and explore these principles further, you can have a *Come, Follow Me* learning experience yourselves—rich in sharing, discovery, and application.

RESOURCES

Teaching the Gospel in the Savior's Way (a guide to *Come, Follow Me: Learning Resources for Youth*, 2012)

"Activities to Introduce the Doctrine," in "Learning and Teaching Ideas"; <https://www.lds.org/youth/learn/learning-teaching-ideas>

"Conversion," *True to the Faith: A Gospel Reference* (2004), 40–43

SHARE EXPERIENCES

President Boyd K. Packer of the Quorum of the Twelve said: "Oh, if I could teach you this one principle. A testimony is to be found in the bearing of it!" ("The Candle of the Lord," *Ensign*, Jan. 1983, 54).

Begin by inviting leaders to share experiences they have had applying gospel principles they have learned recently. For example, they could share experiences with the recent training "Learning and Teaching in the Home and the Church."

After leaders share experiences, point out that each Young Women outline in *Come, Follow Me* begins with instruction to "invite the young women to share, teach, and testify about the experiences they have had applying what they learned in the previous week's lesson."

- What experiences have you had as you have invited young women to share at the beginning of class?
- How can this weekly invitation help young women become more converted?

RESOURCES

“Learning and Teaching in the Home and the Church”; annualtraining.lds.org

LEARN TOGETHER

Elder David A. Bednar said: “Are you and I helping our [youth] become agents who act and seek learning by study and by faith? . . . Are we consistently helping them to act, to learn for themselves, and to stand steadfast and immovable?” (“Watching with All Perseverance,” Ensign or Liahona, May 2010, 43).

“And now, as the preaching of the word had a great tendency to lead the people to do that which was just . . . therefore Alma thought it was expedient that they should try the virtue of the word of God” (Alma 31:5).

Divide the leaders into small groups. Assign each group one of the following questions to ponder as they watch the video “Use the Scriptures” (at lds.org/go/30A).

- What do you learn from the Savior’s example portrayed in the video?
- Why is it important to consistently use the scriptures to teach doctrine? (See 2 Nephi 32:2–3.)
- What do the teachers in the video do to help the youth learn from the scriptures?
- In the video, what do you notice about the classrooms and the class members that can help create an environment for learning?

After the video, invite the groups to discuss what they have learned and to share their insights with the other leaders. Then discuss the following questions:

- In what ways are we strengthened when we work diligently to learn gospel principles together? (See D&C 88:122.)
- How can learning together help young women become more converted?

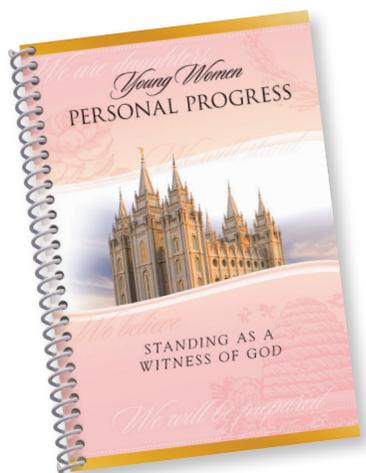
RESOURCES

Use the Youth Activities website (lds.org/youth/activities) to plan activities that support what is being taught and to invite the young women to live what they learn.

LIVE WHAT WE ARE LEARNING

Elder Dallin H. Oaks taught, “To be ‘converted,’ . . . requires us to do and to become” (“The Challenge to Become,” Ensign, Nov. 2000, 33).

Use Personal Progress ([lds.org/young-women/personal-progress](https://www.lds.org/young-women/personal-progress)) to help young women act on what they are learning.



“Therefore, go ye unto your homes, and ponder upon the things which I have said, and ask of the Father, in my name, that ye may understand, and prepare your minds for the morrow, and I come unto you again” (3 Nephi 17:3).

Watch together the video “Inviting to Act: Setting Goals” (at [lds.org/go/30B](https://www.lds.org/go/30B)). Then ask the following questions:

- The scriptures refer to the process of conversion as a “mighty change” of heart (see Mosiah 5:2; Alma 5:14). In what ways can the pattern of sharing, learning, and living help young women experience this mighty change?
- How can we encourage a young woman to accomplish her goals and prepare to share and testify in the next lesson?
- How can we involve parents in the effort to help young women live what they are learning? (As leaders respond to this question, you may want to refer to “Learning and Teaching in the Home and the Church.”)

Encourage leaders to ponder how they will live what they are learning. Invite them to write down one thing they have learned today that they will apply the next time they teach. Then ask them to share what they have written.

RESOURCES

How Can I Improve My Teaching Skills?
(Preach My Gospel: A Guide to Missionary Service [2004], 175–94)

Teaching the Gospel in the Savior’s Way
(a guide to *Come, Follow Me: Learning Resources for Youth*, 2012)

Teaching, No Greater Call: A Resource Guide for Gospel Teaching, “Teaching with Questions” (1999), 68–70

“What Can I Do to Encourage Inspired Discussions?” (annual auxiliary training for Sunday School, June 2014); [lds.org/go/30F](https://www.lds.org/go/30F)

Video: “Use Media Effectively” (at [lds.org/go/30C](https://www.lds.org/go/30C))

“Learning and Teaching in the Home and the Church”; annualtraining.lds.org

SUGGESTED QUESTIONS FOR FUTURE TRAINING

We invite you to prayerfully consider the needs of your leaders and young women. Think about how you can further improve your efforts to learn and teach in the Savior’s way. Possible topics for future training include the following:

- How can I teach from the scriptures more effectively?
- How can I ask questions that will prompt the young women to participate in meaningful doctrinal discussions?
- How can I help the young women see that the doctrines of the gospel relate to their questions and concerns?
- How can I use media more effectively in the classroom?
- How can I better support gospel learning in the home, as we were invited to do in the “Learning and Teaching in the Home and the Church” roundtable discussion?