I AM THE LIGHT OF THE WORLD

JOHN 8:12
I am the way, the truth, and the life: no man cometh unto the Father, but by me (John 14:6).

What produces light? A candle, a flashlight, a lightbulb, the stars. What is the greatest source of light for us? No, it isn’t the sun. It is Jesus Christ. He said, “I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life” (John 8:12).

This light “is given to every man, that he may know good from evil” (Moroni 7:16). Each of us has the Light of Christ to help us choose the right.

Elder Robert D. Hales of the Quorum of the Twelve Apostles reminds us how we can have spiritual light: “When I was a boy, I used to ride my bicycle home from basketball practice at night. I would connect a small pear-shaped generator to my bicycle tire. Then as I pedaled, the tire would turn a tiny rotor, which produced . . . a single, welcome beam of light. . . . I learned quickly that if I stopped pedaling my bicycle, the light would go out. I also learned that when I was ‘anxiously engaged’ in pedaling, the light would become brighter and the darkness in front of me would be [forced away].”

Elder Hales explains that “spiritual light comes from daily spiritual pedaling. It comes from praying, studying the scriptures, fasting, and serving—from living the gospel and obeying the commandments” (“Out of Darkness into His Marvelous Light,” Ensign, May 2002, 71).

When we live the gospel and keep the commandments, we can have the Light of Christ with us always.

**Stained-Glass Window Picture**

Trace the picture on page 30 onto plain white paper, and color the traced picture. Brush your picture very lightly with salad oil, and blot it with a towel. Elder Dieter F. Uchtdorf of the Presidency of the Seventy said that when he was growing up, his “chapel had a stained-glass window of Joseph Smith in the Sacred Grove. Whenever the sun shone on it, I felt that the story it illustrated and what I had learned in Primary about the First Vision were true” (Friend, June 1998, 6). Place your picture in a window to remind you of the light the Savior provides in your life.