What should I be thankful for in my life?

We have so much for which to give thanks. First and foremost, we are thankful for our Savior Jesus Christ.

We give thanks for commandments. They are directions away from pitfalls, and they are invitations to blessings.

We give thanks for the revealed truths that provide a standard against which to measure all things.

We should even give thanks for our afflictions because they turn our hearts to God and give us opportunities to prepare for what God would have us become.

Let us give thanks for what we are and for the circumstances God has given us for our personal journey through mortality.

From “Give Thanks in All Things,” Ensign, May 2003, 95–97.