1 JAREDITES
This group left the Tower of Babel and arrived in the Americas about 2200 B.C. They flourished until about 600 B.C., when wars destroyed everyone but Coriantumr. (See Ether 1–15.)

2 NEPHITES
Lehi's group left Jerusalem about 600 B.C. and came to the Americas. Gradually his posterity became divided. After Lehi died, the righteous followed his son Nephi northward. They became known as Nephites. (See 1 Nephi 1–22; 2 Nephi 1–5.)

3 LAMANITES
After Lehi's death, the wicked remained with his son Laman and became known as Lamanites. (See 2 Nephi 5.)

4 MULEKITES
Mulek, a son of King Zedekiah, led a group from Jerusalem in about 587 B.C. and came to the Americas. They found Coriantumr. (See Omni 1:14–21.)

5 MOSIAH,
By about 225 B.C. the Nephites had become wicked, so Mosiah, led a group of righteous Nephites to Zarahemla and merged with the Mulekites. They called themselves Nephites. Mosiah, became their righteous king. King Benjamin was his son. (See Omni 1:12–23.)

6 ZENIFF
In about 200 B.C. Zeniff, a Nephite, took a group south to reclaim the Nephite lands. Once Zeniff and his group arrived, the Lamanites put them in bondage. Later, King Mosiah sent Ammon to find the group, and Ammon converted King Limhi. (See Mosiah 7; 9–22.)
1. **NEPHITES DESTROYED**
Gradually wickedness returned, wars raged, and the Nephites were destroyed. The only survivor, Moroni, kept the Nephite records and then buried them before he died. (See 4 Nephi 1:24–28; Mormon 8:1–8, Moroni 10.)

2. **JESUS CHRIST**
Following His Resurrection in Jerusalem, the Savior appeared in the Americas, ministered to the people, taught His gospel, and organized His Church. For 200 years following His visit, the people lived in peace. (See 3 Nephi 11–28.)

3. **GADIANTON ROBBERS**
The influence of this murderous secret band was strongest when the society was wicked and weakest when the society was righteous. By about A.D. 350 they threatened the safety of all people. (See Helaman 2; 6, 4 Nephi 1:42–46.)

4. **ALMA AND THE SONS OF MOSIAH**
As young men, Alma, and the sons of King Mosiah, worked to destroy the Church. An angel rebuked them, and they repented. Alma, became a righteous leader. (See Mosiah 27–29.) The sons of Mosiah, became missionaries to the Lamanites. After much success, they and Alma, reunited. (See Alma 17–26.)

5. **ALMA**
Born among the people of Zeniff, Alma, became one of wicked King Noah's priests. The prophet Abinadi was killed after he called King Noah to repentance. But Alma, believed Abinadi's teachings and fled with a group of believers, eventually joining the Nephites. (See Mosiah 11; 17–18; 23–24.)

6. **SAMUEL THE LAMANITE**

7. **MISSION TO THE LAMANITES**

8. **NEPHI, SON OF HELAMAN**

9. **NEPHI, THE DISCIPLE**

10. **JESUS IS BORN IN BETHLEHEM**

11. **NEPHITES DESTROYED**
Gradually wickedness returned, wars raged, and the Nephites were destroyed. The only survivor, Moroni, kept the Nephite records and then buried them before he died. (See 4 Nephi 1:24–28; Mormon 8:1–8, Moroni 10.)

12. **MORMON**

13. **MORONI**

14. **CAPTAIN MORONI**

15. **HELAMAN**

16. **NEPHI, THE DISCIPLE**

17. **ALMA**

18. **GADIANTON ROBBERS**

19. **ALMA AND THE SONS OF MOSIAH**

20. **SAMUEL THE LAMANITE**

21. **MISSION TO THE LAMANITES**

22. **NEPHI, SON OF HELAMAN**

23. **NEPHI, THE DISCIPLE**

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26. **MORMON**

27. **MORONI**

28. **CAPTAIN MORONI**

29. **HELAMAN**

30. **NEPHI, THE DISCIPLE**

31. **JESUS IS BORN IN BETHLEHEM**

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