## BELIEVE IN BEING



And let every man deal honestly (Doctrine and Covenants 51:9).

he Book of Mormon tells us about a special group of people who were honest and true to their faith. They were Lamanites who heard the gospel of Jesus Christ, had faith in Him. repented of their sins, and were baptized members of His Church. They called themselves Anti-Nephi-Lehies. Because they learned that it was wrong to fight, they buried their weapons of war in the ground and made a covenant with Heavenly Father that they "never would use weapons again" (Alma 24:18). They kept this covenant and all the commandments so faithfully that they were known for being "perfectly honest and upright in all things" (Alma 27:27).

The Anti-Nephi-Lehies taught their children to be honest. They wanted their sons and daughters to be true to the gospel and righteous in their dealings with each other and with Heavenly Father. Because the example of their parents was so great, the children wanted to be just as honest and just as true to the

gospel themselves.

The Book of Mormon says this about the boys when they grew up: "And they were all young men, and they were exceedingly valiant for courage, and also for strength and activity; but behold, this was not all—they were men who were true at all times in whatsoever thing they were entrusted" (Alma 53:20).

These young Anti-Nephi-Lehies became famous as "Helaman's stripling warriors." (See Ensign, May 1987, page 16.) Because of their honesty and their spiritual strength, they were a great help to their people.

You can be like the army of Helaman. You can follow the example of the righteous Lamanites and be honest and true.

## Instructions

Color the picture, then remove the page and mount it on heavy paper. For a talk in Primary or a family home evening lesson, retell the story of the Anti-Nephi-Lehies, using the picture and the scriptures in the story above.

