1. Adam was a prophet, first one that we know.  
2. Enoch was a prophet; he taught what was good.

In a place called Eden, he helped things to grow. Adam served the Lord by following His ways.

People in his city did just what they should. We are his descendants in the latter days. That there was no sin, Heav'nly Father took them up to live with Him.

Follow the prophet, follow the prophet, Follow the prophet; don't go astray.

Follow the prophet, follow the prophet, Follow the prophet; he knows the way.

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Practice tip: Don't forget to play the introduction before both verses. You can print out or listen to this song at lds.org/friend.